

Never A Dull Moment...

The Wellesley Recreation Department offers programs year round and publishes seasonal brochures for fall, winter, spring and summer programs. Registration is held four times a year.

All Recreation Department programs are self-supporting. Fees charged for programs cover the cost of materials, pay instructor salaries and help defray other costs. Non-residents may register for classes and are charged a \$10 non-resident fee.

The Wellesley Recreation Commission consists of five elected members, who meet regularly to review policy and procedures. The Commission welcomes community input.

A Director, Assistant Director, Program Administrator, two secretaries and two custodians staff the Warren Building, home of the Recreation Department. Program instructors and part time employees are hired on a seasonal basis. We are always interested in speaking to potential instructors.

All recreation facilities are maintained by the Park & Tree Division of the Wellesley Department of Public Works.

RECREATION DEPARTMENT STAFF

Jan Kaseta, Director

Matt Chin, Assistant Director

Tim Kennedy, Program Administrator

Kris Bemis, Secretary

Mary Mahoney, Secretary

Ron Colleton, Custodian

Glen LePage, Custodian



HAVE A QUESTION? CALL: (781) 235-2370

Jan Kaseta for: Field use, SUMMERTIME concerts and any comments or concerns. jkaseta@wellesleyma.gov

Matt Chin for: All adult programs and Morses Pond including summer jobs at the beach. mchin@wellesleyma. gov

Tim Kennedy for: All youth programs including summer camp counselor positions. tkennedy@wellesleyma.gov

RECREATION COMMISSION

Andy Wrobel, Chairperson
Mark Antonelli, Vice Chairperson
James Conlin
Tom Harrington
Pam McCormick

Important Phone Numbers

TOWN DEPARTMENTS

DDM	701 225 7400
DPW	781-235-7600
Health Department	781-235-0135
High School	781-446-6290
Middle School	781-446-6235
Natural Resources	
Commission	781-431-1019 ext 2290
Parks Department	781-235-7600 ext 2335
Recreation Department	781-235-2370
School Administration	781-446-6200

SPORT LEAGUES

Little League	781-235-5411 www.wellesleylittleleague.org
Men's SloPitch Softball	jrussell@ddjcap.com
Wellesley Jr. Raiders Football	www.wellesleyyouthfootball.com
Swim Association	www.wellesleyswim.org
United Soccer Club	781-239-0955
	www.wellesleysoccer.org
Wellesley Tennis Association	781-237-0084
Wellesley Youth Basketball	www.wellesleybasketball.org
Wellesley Youth Hockey	www.wellesleyyouthhockey.org
Wellesley Youth Lacrosse	781-431-7869
	www.wellesleylacrosse.org
Adult Co-Ed Softball	jalden@hertz.com

Winter 2012

Wellesley Recreation Scholarship Program

Recreation scholarships are for Wellesley Residents ONLY.

The sole intent of the Scholarship fund is providing recreational opportunities for Wellesley families who are in need.

Recreation Department Camps:

Camp Scholarship requests must be made through the Wellesley Friendly Aid Association, 219 Washington Street, (781) 235-3960. Friendly Aid procedures must be followed in order to be considered for Friendly Aid & Recreation scholarship money. You are urged to contact Friendly Aid in early December if you are interested in Camp Joey, Camp Quest or Odyssey. You must register for camp at the Recreation office. Please do this at the beginning of the registration period, as we will not hold spots. Registration dates will be in the Winter Recreation brochure. Also, you are required to pay the camp deposit fee (not covered by Friendly Aid or other scholarship funds). The Recreation Department is willing to work out payment plans for the deposit.

Other Recreation Programs:

Scholarship requests for non-camp programs must be made through the Recreation Department. Program scholarships are given based on the following:

Monies available: The greatest need for scholarship money is during the summer months. There is no guarantee that there will still be funds left for programs that run during the other seasons.

<u>Demonstrated need:</u> Those residents requesting scholarship funds must fill out the form on our website. Applicants may be asked for additional proof of need such as tax forms or letters of reference. Examples of demonstrated need: single parent families with limited income or sudden death or abandonment of the primary provider.

<u>Limited Programs</u>: Applicants may apply for assistance for 1 program per season per child (not including camp).

<u>Good Faith Payment:</u> Applicants must pay 20% toward the cost of the program. This amount will not be covered by scholarship funds.

Download Application Forms

@ www.wellesleyma.gov/recreation

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ONLINE REGISTRATION

www.wellesleyma.gov

The Wellesley Recreation Department now provides online program registration. Online registration spaces will be limited, which will allow those who do not have access to the system to register using other methods. We HIGHLY recommend that you sign in to the online system a few days before registration to make sure that your account is working properly. You will need a username and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours (M - F, 8:30 am - 4:30 pm) to receive your username and password.

TRADITIONAL REGISTRATION*: Walk-in, Fax-in, Phone-in and Mail-in

*Faxes and mail received prior to 8:30 am on the advertised registration days will be processed at 3:45 pm on that day.

REGISTRATION DAYS & START TIMES			
ONLINE - Resident	Dec. 6	7:00 am	
Non - Resident	Dec. 13	7:00 am	
TRADITIONAL - Resident	Dec. 6	8:30 am*	
Non - Resident	Dec. 13	8:30 am*	



Traditional Registration

BY FAX* (781) 237 - 3558 Use your VISA or MasterCard



BY MAIL*
To Recreation Dept.
90 Washington St.
Wellesley, MA 02481



WALK IN Recreation Office 90 Washington St Monday - Friday 8:30 am - 4:30 pm



BY PHONE (781) 235 - 2370 8:30 am - 4:30 pm Use your VISA or MasterCard

*Faxes and mail received prior to 8:30 am on the advertised registration days will be processed at 3:45 pm on that day.

All registrations must now be entered directly into our system. Should you choose to walk in or phone in, your patience would be apreciated.

Residents: December 6 8:30 am 4 pm
Non - Residents: December 13 8:30 am 4 pm

REGISTRATION POLICY

- Resident Registration begins on the designated "Resident Registration Date."
- Non residents may register for programs on the "Non-Residents Registration Date"
- Any registrations received before 8:30 am on the advertised date of registration will be processed at the end of the business day, 3:45 pm.
- Non-resident fee is \$10 per class.

SUMMER CAMP 2012! REGISTRATION INFORMATION ON PAGE 6

REFUND POLICY

FULL REFUND FOR A CANCELLED CLASS.

IF A PROGRAM MEETS MORE THAN 4 TIMES

Refund minus a \$20 administrative fee if you notify the Recreation Department prior to the second class. No refunds/credits anytime after the second class.

1F A PROGRAM MEETS 4 OR FEWER OR MEETS FOR FIVE CONSECUTIVE DAYS (i.e. CAMPS. VACATION PROGRAMS & SKIING)

Refund minus \$20 administrative fee if you notify the Recreation Department five business days before the start of the class. No refunds/credits anytime after five business days before the start of the class.

COOKING CLASSES

No refunds for cooking classes if you withdraw 3 business days or less before the first class. Withdrawal from a cooking class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

CLASS SPECIFIC REFUND POLICY

Please note that there maybe a specific refund policy for a particular class. The specific policy information will be noted in the class description or in a text box near the class description.

GENERAL INFORMATION

Register for members of your immediate family only.

PAYMENT

Non Residents add \$10 per course.

By check payable to Town of Wellesley, Cash, VISA or MasterCard

NOTE: There will be a \$25 additional fee for checks returned by the bank.

COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. Full tuition will be refunded. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

AGE POLICY

Children must be the proper age on the FIRST DAY of class.

COURSE CONFIRMATION

If you provide your email address you will receive an email confirmation/receipt. If a class has reached its maximum enrollment, you can place your name on the waiting list by using the online registration system. If a class does not meet the minimum participant requirements, it will be cancelled and you will be notified. Otherwise, please plan on attending the course.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants' inability to attend.

SWITCHING/CHANGING CLASSES

Switching sessions/dates constitutes a withdrawal from a class and the cancellation fee applies.

INCLEMENT WEATHER

All classes (day and evening) will be cancelled when Wellesley Public Schools are closed. If Wellesley Public Schools have a delayed opening, all Recreation Department programs WILL STILL START at their regularly scheduled time, unless you are informed otherwise. In the event that we need to cancel evening or weekend events it will be listed on our website and a message will be left on our voice mail (781-235-2370). We will also attempt to call and/or email participants who have registered for these classes.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list. We will try to offer additional classes whenever possible.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

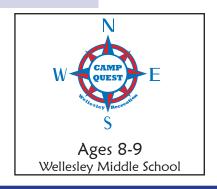
TOILET TRAINED

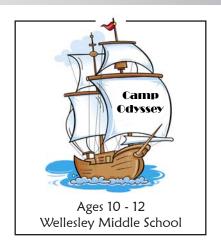
Children must be toilet trained in order to attend any class unaccompanied by an adult.

WE DO NOT PRORATE COURSES – FULL PAYMENT IS DUE WITH REGISTRATION

Summer Camp 2012







Camp Registration starts January 10th.

CAMP HOURS:

Monday - Friday; 9 am - 4 pm Drop off begins at 8:15 am and Pick up ends at 4:45 pm

EXTENDED DAY: Extended afternoon are from 4:45 pm - 6:15 pm. The cost for extended day is \$10 per day or \$50 a week. There is a separate registration form for extended day that can be filled out on the first morning of camp. You may sign up for extended day with the Camp Director.

DAILY CAMP INFORMATION

STAFF: All Sr. Counselors are 18 or older and all Jr. Counselors are 16 or older and both attend an orientation session that includes First Aid & CPR training. Each counselor is CORI/SORI checked each year.

RATIOS: A maximum of 60 campers for Camp Joey. Camp Quest has a maximum of 35 campers and Odyssey has a maximum of 35 campers. Camp staff ratios meet state regulations of 1 staff for every 5 campers under the age of 7 and 1 staff for every 10 campers over the age of 7.

FIELD TRIPS: Field trips are mostly within an hours drive from camp. If you do not want your child to attend a field trip, you must arrange to keep the child out of camp that day. Field trips are a part of the camp experience. Field trips are not booked until May or June.

LUNCH: Each camper should bring a snack, lunch and beverage daily. Refrigeration is provided except for field trips.

MORSES POND: Campers will be bused to Morses Pond to swim and play four days a week, weather permitting.

CLOTHING: Each camper will receive a camp T-shirt to wear on field trips. Campers should bring a swim suit & towel and sunscreen everyday.

CAMP SCHEDULE 2012

Week 1	June 25 - June 29	\$230
Week 2	July 2 - July 6 (No 7/4)	\$200
Week 3	July 9 - July 13	\$230
Week 4	July 16 - July 20	\$230
Week 5	July 23 - July 27	\$230
Week 6	July 30 - August 3	\$230
Week 7	August 6 - August 10	\$230
Week 8	August 13 - August 17	\$230

FORMS TO BE FILLED OUT

1. Health Form

a. The health form is due <u>immediately for all weeks of camp</u>. If we do not receive your child's health form by May 18th at 4:30 pm your spot for camp will be given away. Each health form must be filled out completely and must have an attached a copy of the child's immunizations with dates, and signed by a physician.

Authorization to Administer Medication to a Camper Form
 a. Due two weeks before your child begins camp

All forms and camp imformation can be found on our website: www.webtrac.wellesleyma.gov

PAYMENT

DEPOSIT: A \$50/per week deposit is due with registration.

<u>FULL PAYMENT:</u> Full payment for all sessions is due June 1, 2012. All registrations after May 11, 2012 are paid in full at time of registration.

HOW CAN I PAY: Master Card, VISA, Check (to Town of Wellesley) or Cash

<u>PAYMENT PLAN:</u> For families signed up for 4 or more weeks, you may contact Kris Bemis at the Recreation office to arrange a payment schedule.

REFUND POLICY

<u>CANCELLATION:</u> There is a \$25 fee for a withdrawal from a single week

<u>SWITCHING SESSIONS:</u> Switching weeks constitutes a withdrawal and the Cancellation Policy applies.

<u>DISMISSAL FROM PROGRAM:</u> Removal of a camper by the administrative staff is considered a cancellation and the Cancellation Policy applies.



Each session is a three week committment. The program is designed to give the CIT's enough time for training, work & fun.

Session One

July 9 - 27 \$450

Session Two

July 30 - August 17 \$450 **Project Extreme** is designed for teenagers aged 13-15. The CIT program is a work-oriented experience, which gives our participants the opportunity to work under qualified counselors to begin to learn and understand the demands and responsibility of a counselor's job.

In addition, CIT's will have a series of training workshops where they will have the opportunity to learn more about the different aspects of being a camp counselor, become first aid and CPR certified and learn first hand how to work with children.

Although CIT participants will have priority into the Summer Camp Jr. Counselor program, enrollment in the CIT program does not quarantee a position as a Jr. Counselor or Counselor position.

DETAILS

- Age: 13-15
- Days: Mon Fri
- Hours: 9 am 4 pm
- Maximum: 20 CIT's per session.
- CIT's will get 2 tee shirts. They must wear one everyday.
- After full completion of the session CIT's will receive a Red Cross Cert. for: Infant CPR, Child CPR and First Aid

For the leaders of tomorrow...

Application Acceptance Begins February 6, 2012

APPLICATIONS

How to apply:

Fill out the CIT application form which is available at the Recreation Office or on the Recreation website. We will begin accepting applications February 6, 2012. Acceptance is on a first come first served basis. A non-refundable deposit of \$150 is due with the application. (\$150 will be returned in the event your child is not accepted in the program)

LOCATION

Warren Building

The CIT's will have their own space in the Warren Building close to Camp Joey. There they can have CIT meetings, training sessions and time to do activities as a CIT group. Occasionally the CIT's will go on their own field trips to promote team building and to just have fun.

PAYMENT

Deposit

A deposit of \$150 is due with the application.

Full payment:

Full payment is due June 1, 2012

How can I pay:

Master Card, VISA, Check or Cash.

REFUND POLICY

<u>Cancellation:</u> If you cancel before June 1st you will be refunded everything except your \$150. If you cancel after May 31st there is no refund.

Switching Sessions:

There is a \$50 fee to switch sessions once you have been accepted.

Dismissal from Program:

If a participant is dismissed from the program there is no refund.

Preschool & Puddlestompers

Tot Time

110800 (Ages .5 - 5)

Instructor: Hillie Forsythe



This is an unstructured playgroup for youngsters and their adult companions. A variety of toys are available and a simple craft project is offered each day. Tuesday, Wednesday & Thursday's. Parent/Guardian Required. If you choose, you can drop in for a \$5 fee each day, on a first come first serve basis.

Location: Warren Building Min: 10/Max: 25

10 weeks

S#	Day	Times	Date	<u>Price</u>
01	Tue-Thu	10 - 11:30 am	Jan 10 - Mar 22	\$135
			(No class 2/21, 2/22, 2/23)	

Creative Movement

111301

(Ages 1.5 - 2)

Instructor: Stephanie Gager & Jennifer Sleeper

A wonderful "first class" for your young children. A combination of music and movement in a relaxed setting that allows children to socialize and be part of a group. We will use instruments, puppets and parachutes along with music, dance and play. This program provides a fun and easy way to introduce activities which nurture your child's motor, creative and social skills. In addition, it's a fun place to meet other families with young children. Parent/Guardian Required.

Location: Warren Building Min: 8/Max: 12

7 weeks

S#	Day	Times	Date	<u>Price</u>
01	Mon	9:15 - 10 am	Jan 23 - Mar 12	\$105
			(No class 2/20)	

Creative Movement & Art

111302 (Ages 2 - 3)

Instructor: Stephanie Gager & Jennifer Sleeper

A fun combination of music, movement and art which develops motor skills and enhances artistic development. Along with their adult companion, children will sing, dance and use a variety of rhythm instruments, motor props and art materials. Activities include the use of a parachute, puppets, paints, glue, feathers and glitter! Come join the fun! Snack will be provided. Parent/ Guardian required.*There is an additional \$15 materials fee to be paid by cash or check to the instructor at the first class*

Location: Warren Building Min: 8/Max: 12

7 weeks

S#	Day	Times	Date	Price
01	Mon	10:15 - 11:15 am	Jan 23 - Mar 12	\$125
			(No class 2/20)	

Lunch Bunch

111306

(Ages 3 - 5)

Instructor: Stephanie Gager & Jennifer Sleeper

Come have lunch and make new friends! We will enjoy art, music and dance as well as creative play, story-telling, cooking, mat-room fun and more. Activities will include the use of arts and crafts materials, musical instruments, parachutes, puppets, dress-up and outdoor play equipment! All children must bring a lunch, be able to separate and toilet-trained. *There is a \$20 materials fee to be paid by cash or check to the instructor at the first class*

Location: Warren Building Min: 8/Max: 12

7 weeks

S#	Day	Times	Date	Price
01	Mon	11:45 am - 2 pm	Jan 23 - Mar 12	\$165
		·	(No class 2/20)	



For Specific Questions: Please call Puddlestompers @ 781-235-6677 or visit puddlestompers.com

To Register: Call the Recreation Dept. @781-235-2370

Puddlestompers

115700

(Ages 2 - 5)

Instructor: Puddlestomper Staff

Winter is a magical time to explore nature! This class is designed to allow children to explore and learn about the natural world from inside, with outdoor exploration as temperatures permit. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Play with snow and ice and explore the concept of temperature. Observe changes in light through shadows and rainbows. In each class, we will focus on a specific theme using hands-on activities, crafts, games and creative movement. Each class will end with a snack and story. Come enjoy the beauty of winter with your energetic child at the Warren Recreation Center in Wellesley!

Location: Warren Building Min: 5/Max: 9

S#	Age	Day	Times	Date	Price
01	2 - 3	Fri	9:30 - 10:25	i am Jan 27 - Mar 23	\$156
				(No class 2/24)	
02	3 - 5	Fri	10:30 - 11:2	5 am Jan 27 - Mar 23	\$156
				(No class 2/24)	

Budding Artist and a Buddy

121401 (Ages 1.5 - 4)

Instructor: Beth Meditz

Share the joy of creating art together! Unique art activities are specially designed to enhance your child's learning skills and self expression. Each artist will get to take home a wonderful

experience, be totally engaged in age appropriate exploration of materials and an individual masterpiece from each class. You'll be amazed at what your tod-dlers can do! Hands- on activities last forever, because we all learn best, by "doing". Unique projects are designed for success by Beth from Event-FULL!. LLC (www.event-full.net) Wear mess around cloths or bring a smock.

LLC (V	Lee (www.eventriali.net) wear mess around cloths of bring a smook.					
Location: Warren Building			Min: 6/Max: 12			
8 weeks						
<u>S#</u>	Day	Times	Date	Price		
01	Thu	9:30 - 10:15 am	Jan 12 - Mar 8	\$110		
			(No class 2/23)			
02	Fri	9:30 - 10:15 am	Jan 13 - Mar 9	\$110		
			(No class 2/24)			

Young Artist & More

121402 (Ages 3 - 5)

Instructor: Beth Meditz

Location: Warren Building

An hour and 15 minutes of experiencing art, free play, books and more, while interacting with other children in a fun-filled supportive atmosphere where ideas are welcome! Art activities are specially designed to inspire exploration and enhance learning skills. Drop your child off and encourage them to bring their smiles! Unique projects are designed for success by Beth from Event-FULL!.LLC (www.event-full.net) Wear mess around cloths or bring a smock.

Min: 6/Max: 12

Loodiioiii Wairoii Ballallig		min omax. 12		
8 weeks	5			
<u>S#</u>	Day	Times	Date	Price
01	Tue	12:45 - 2 pm	Jan 10 - Mar 6	\$135
			(No class 2/21)	

Absolutely Art

121404 (Ages 5 - 9)

Instructor: Beth Meditz

Choosing from a wide array of inspiring and unusual materials, your young artists will create unique, individual masterpieces that also expand thinking and learning skills. They will be encouraged to experiment and explore materials and create expressive art or unusual usable objects of art. Imagination grows in an atmosphere where no one can be wrong. Creative energies flow! Children will expand their artistic sides and see the world through the eye of an artist! Unique projects are fun, inspiring and designed for success by Beth from Event-FULL!.LLC (www.event-full.net)

Location: Warren Building Min: 5/Max: 15

8 weeks

S#	Day	Times	Date	Price
01	Tue	4:30 - 5:30 pm	Jan 10 - Mar 6	\$120
		•	(No class 2/21)	



Sketching & Beyond

121410 (Ages 7 - 9)

Instructor: Liz Archer

Turn those doodles and dabs into your very own Artist Series! With fun focus games, experimental paint palettes, and their most expressive drawings yet, young artists will draw, paint and collage their ideas into an exciting collection of artwork. From sketch to finish, students will be encouraged to explore their creativity with pencil, pen, charcoal, and watercolor. Sketchbooks and matframes will be provided! (There is a \$35 materials fee to be paid to the instructor at the first class. Includes a pre-cut mat frame, personal sketchbook, and a variety of watercolor materials.)

Location: Warren Building Min: 5/Max: 10

6 weeks

 S#
 Day
 Times
 Date
 Price

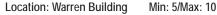
 01
 Mon
 4 - 5:15 pm
 Jan 23 - Mar 5 (No class 2/20)
 \$110

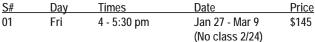
Mixed-Media Adventures

121413 (Ages 7 - 9)

Instructor: Liz Archer

Mixed Media Adventures will take students on an exciting safari of drawing, painting, and collage. Young artists will use references of well known artists, wildlife magazines, and still-life arrangements to weave their ideas into an inspired artist series. Each student will receive his or her own sketchbook for continued discovery and bring home a complete collection of artwork by the end of the program! (There is an additional \$35 materials fee that includes a pre-cut mat frame, personal sketchbook, and a variety of watercolor materials.)







Clay, Sewing, Legos & Jedi's

Parent & Child Pottery

121408

(Ages 4 - 5)

Instructor: Ramune Jauniskis

Spend time working with your child while enjoying working with clay. Use your imagination to invent fantastic clay sculptures with guided instruction. Projects will be suggested but students are encouraged to work on their own ideas if they wish. All projects will be kiln fired. All materials included. Parent/Guardian required.

Location: Warren Building Min: 5/Max: 8

6 weeks

S# **Times** Price 01 Thu 3 - 4 pm Jan 26 - Mar 8 \$120 (No class 2/23)

Wellesley Recreation Department is a Drop Off location for toys

Pottery & Wheel Throwing

121409

(Ages 5 - 18)

Instructor: Ramune Jauniskis

In this class kids will learn the basics of hand building and wheel throwing while having fun and sharpening their motor skills. All projects will be kiln fired. All materials included.

Location: Warren Building Min: 5/Max: 8 6 weeks Age Day Date **Price** Times Jan 26 - Mar 8 Thu 4:10 - 5:10 pm \$130 5 - 7 (No class 2/23) 8 - 18 Thu 5:20 - 6:20 pm Jan 26 - Mar 8 \$130 (No class 2/23)

Lego Playland

121407

(Ages 5 - 10)

Instructor: Beth Meditz, Diane Dinell

This 8 week program will be centered around everything LEGO!! Join the team from Event-FULL!, LLC (www.event-full.net) and participate in building/ creating LEGO structures based on ideas that you have created in your own mind! Each week participants will have the opportunity to work with hundreds of thousands of LEGOs!!! This program fosters both individual creativity as well as teamwork/cooperation skills while have FUN with friends! The LEGOs stay with us, but the experience is yours forever! Each week a picture of you with your creation will be taken and put into a book for you to keep!

Location: Warren Building Min: 6/Max: 10 Q wooks

o weer	72			
S#	Day	Times	Date	Price
01	Thu	4:45 - 5:45 pm	Jan 12 - Mar 8	\$190
		·	(No class 2/23)	

Sew Easy

121427

(Ages 5.5 - 18)

Instructor: Sew Easy Staff



Kids! Come join in the fun learning the basics of machine sewing. Start sewing right away, creating 5-10 projects during your eight weeks at Sew Easy. Learn how to operate a sewing machine, choose patterns, and select fun fabrics and complete projects. Choose from over 300 projects including: Clothes for kids & teens; Fleece wear; American Girl Doll & Web kin fashion and much, much more! Our program instills confidence, creativity and the desire to succeed. Please review to www.seweasy.org for additional information on classes and polices. (A \$25 materials fee is INCLUDED in the price) Registering for this class means you have read and agreed to Sew Easy's policies. Policies can be found at seweasy.org.

Location: Sew Easy Min: 3/Max: 8

8 weeks

S#	Day	Times	Date	Price
01	Mon	3:15 - 5:45 pm	Jan 16 - Mar 12	\$324
			(No class 2/20)	
02	Tue	3:15 - 5:45 pm	Jan 17 - Mar 13	\$324
			(No class 2/21)	
03	Wed	12:30 - 3 pm	Jan 18 - Mar 14	\$324
			(No class 2/22)	
04	Wed	3:15 - 5:45 pm	Jan 18 - Mar 14	\$324
			(No class 2/22)	
05	Thu	3:15 - 5:45 pm	Jan 19 - Mar 15	\$324
			(No class 2/23)	
06	Fri	3:15 - 5:45 pm	Jan 20 - Mar 16	\$324
			(No class 2/24)	
07	Sat	9:30 am - 12 pm	Jan 21 - Mar 24	\$324
			(No class 2/18, 2/25)	
80	Sat	12:30 - 3 pm	Jan 21 - Mar 24	\$324
			(No class 2/18, 2/25)	
09	Sat	3:30 - 6 pm	Jan 21 - Mar 24	\$324
			(No class 2/18, 2/25)	

Star Wars: Jedi Training

121415

(Ages 5 - 10)

Instructor: Beth Meditz & Diane Dinell

This weekly class will be centered around everything Star Wars! Join the team from Event-FULL!, LLC (www.event-full.net) and find out what it means to be a Jedi Knight in training. Some activities may include: designing and making a recycled droid, light saber training, making a Jedi Journal and MORE!!! May the force

be with you.....

Location: Warren Building Min: 10/Max: 20

Q wooks

O WCC	N.S			
<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Mon	4:45 - 5:45 pm	Jan 9 - Mar 12	\$165
		•	(No class 1/16, 2/20)	

Drawing, Painting, & Collaging

121425

(Ages 11 - 14)

Instructor: D'Ann Hansen

A variety of professional quality materials used in this class including colored pencils, pastels, watercolors and paper collage will appeal to older students. Fun and creative projects will help students learn new techniques to advance in their skills. All materials included.

Location: Warren Building			Min: 6/Max: 8	
8 wee	ks/1 Day			
<u>S#</u>	Day	Times	Date	Price
01	Thu	4 - 6 pm	Jan 12 - Mar 8	\$240
			(No class 2/23)	

Modern Masterpiece Art

121424

(Ages 6.5 - 11)

Instructor: D'Ann Hansen

Step by step instruction on how to draw and paint the work of modern masters' or contemporary painters.

Only professional acrylics and the finest quality papers are used. These 16 " x 22 " works are so magnificent parents frame and hang these in prominent areas of their homes and offices. New paintings will be done in this class. All materials included.

Location: Warren Building Min: 6/Max: 8

6 weeks

<u>S#</u>	Day	Times	Date	Price
01	Wed	4 - 6 pm	Jan 11 - Feb 15	\$215

Wellesley Recreation Open House!

Not sure which class to sign up for? Have questions for the Instructor?

Now is the time to explore and try out all the various programs that the

Wellesley Recreation Department
has to offer for FREE! You'll find something for everyone in the family!

Try out a variety of youth & adult sports, cooking, arts & crafts karate, and many more!

March 25th from 12 to 2 pm



Valentine's Day Workshop

121488

(Ages 6.5 - 18)

Instructor: D'Ann Hansen

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In this fun workshop students will interpret a heart painting by the famous contemporary painter Jim Dine. These large 16" x 22" works will be made with professional Liquitex Heavy Body Acrylics on high quality paper. A second project will be painting and collaging in miniature using Artist Trading Cards. The biggest movement in art! These tiny pieces of art will be in the official 2 $1\!\!\!/ 2$ x 3 $1\!\!\!/ 2$ size and are being traded around the world. All materials included.

Location: Warren Building

Min: 6/Max: 8

1 week

S#	Day	Times	Date	Price
01	Sat	12:30 - 4 pm	Feb 11	\$55

"Cupcake" Painting Workshop

121426

(Ages 6.5 - 18)

Instructor: D'Ann Hansen

Step by step instruction on how to paint a 14" x 20" painting inspired by the work of Wayne Thiebaud. Professional quality acrylic paints and the finest paper will be used. A favorite for all ages. All materials included. All materials included.

Location: Warren Building

Min: 6/Max: 8

1 week

S#	Day	Times	Date	<u>Price</u>
01	Sat	12:30 - 4 pm	Jan 28	\$55



Languages & Music

Preschool Spanish

123506 (Ages 3 - 5)

Instructor: Miriam Amittay and Staff

Preschool children absorb the language through games, storytelling, arts and crafts, singing, puppet shows, cooking projects, and more! We will offer weekly activity sheets sent home with your preschooler which provide optional reinforcement opportunities for families.

Location: Warren Building Min: 10/Max: 20

8 weeks

S#	Day	Times	Date	<u>Price</u>
01	Tue	4:15 - 5 pm	Jan 10 - Mar 6	\$145
			(No class 2/21)	

Elementary Spanish

123507 (Ages 6 - 11)

Instructor: Miriam Amittay and Staff

In addition to participating in a wide variety of fun and interactive games and activites, older students will be exposed to reading and writing. Acquainting children with the heritage of the Spanish culture is also an important element of the program. Each student will receive fun, age-appropriate worksheets, a workbook, a music CD, and a songbook to help reinforce Spanish vocabulary and songs at home.

Location: Warren Building Min: 10/Max: 20

10 weeks

S#	Day	Times	Date	Price Price
01	Tue	4:15 - 5:15 pm	Jan 10 - Mar 20	\$180
			(No class 2/21)	



Piano Lessons

125806 (Ages 8 - 15)

Instructor: Dave Medeiros

Have fun exploring the potential of electron-

ic keyboards while focusing on the foundations of the most universally enjoyed musical instrument? The piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Mon	5 - 6 pm	Jan 23 - Mar 19	\$120
		•	(No class 2/20)	

Baby Sign Language

123510 (Ages .2 - 3)

Instructor: Sheryl White from Baby Kneads

Why teach babies sign language?

Learn how to reduce frustration and help give your baby the ability to communicate before he/she can speak. Review research and benefits, learn and practice several signs, and learn how to teach American Sign Language to your baby! You will learn everything that you need to know to get started signing right away.

Location: Warren Building Min: 7/Max: 12

6 weeks

S#	Day	Times	Date	Price
01	Tue	10:30 - 11:30 am	Jan 31 - Mar 6	\$135
			(no class 2/21)	

Sign Language Workshop

123511

(Ages .2 - 3)

Instructor: Sheryl White from Baby Kneads

This workshop is geared towards parents to launch the learning process for your child. They will focus on techniques on how to work with and teach your child sign language. Learn how to reduce frustration and help give your baby the ability to communicate before he/she can speak. Review research and benefits, learn and practice several signs, and learn how to teach American Sign Language to your baby! You will learn everything that you need to know to get started signing right away.

Location: Warren Building Min: 7/Max: 12

1 class

S#	Day	Times	Date	Price Price
01	Tue	10:00 - 11:30 am	Feb 21	\$35

Guitar Lessons

125807

(Ages 8 - 15)

Instructor: Dave Medeiros

You can stop playing "air guitar" and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please notify the Recreation Department if you need a rental guitar.

Location: Warren Building Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Jan 23 - Mar 19	\$115
		·	(No class 2/20)	



Music with Babies

125801

(Ages 5 months - 1.5yrs) Instructor: Sarah Gardner

Come on baby do the locomotion! Newborns often recognize parent's voices at birth because they've already started learning through sound in utero. Parents and babies enjoy music and movement activities. Parent/Guardian required.

Location: Warren Building

Min: 6/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Fri	11 - 11:30 am	Jan 13 - Mar 9	\$105
			(No class 2/24)	

Tot Music

125802

(Ages 1.5 - 3)

Instructor: Sarah Gardner

Toddlers learn basic music skills through a variety of age appropriate songs and explorations of musical instruments. Parent/Guardian required.

Location: Warren Building

Min: 6/Max: 12

8 weeks

S#	Day	Times	Date	<u>Price</u>
01	Fri	9:30 - 10:15 am	Jan 13 - Mar 9	\$105
			(No class 2/24)	
02	Fri	10:15 - 11 am	Jan 13 - Mar 9	\$105
			(No class 2/24)	



Rhythm Kids

125808

(Ages 5 - 10)

Instructor: Rhythm Kids Staff

Rhythm Kids is an innovative music and drumming program that enables children to integrate rhythm into their lives while having fun! This high-energy class blends hand drumming with singing, movement, and games designed to develop concentration and cooperation. Each student will be provided with a drum at class and a DVD to use at home. It is not necessary to have a drum to practice at home. Use any surface! For more information, visit www. rhythmkids.com.

Location: Warren Building

Min: 6/Max: 12

8 weeks

o week	72			
S#	Day	Times	Date	<u>Price</u>
01	Thu	4:15 - 5 pm	Jan 12 - Mar 8	\$120
			(No class 2/23)	

Pre-K Keys

125809

(Ages 4 - 6)

Instructor: Sarah Gardner

Children learn simple songs and musical expression through experimentation and musical games. Keyboards and headphones are used so that each child can focus on their own playing.

Location: Warren Building

Min: 6/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Sat	9 - 9:30 am	Jan 21 - Mar 24	\$145
			(No class 2/18, 2/25)	

Kids on the Keys!

125804

(Ages 6 - 10)

Instructor: Sarah Gardner

Group piano lessons are fun! Introductory piano lessons are taught on electronic keyboards through musical games, animal notes, coloring pages and lots of silly songs. Initial focus is on learning to play music and repeat melodies, rather than practice and memorization.

Location: Warren Building

Min: 6/Max: 10

8 weeks

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Sat	9:30 - 10:15 am	Jan 21 - Mar 24	\$145
			(No class 2/18, 2/25)	



For all weekend classes...
In case of inclement weather, all Saturday classes will be cancelled the Friday before the scheduled class.

Rockin' Tots

125803

(Ages 3 - 4.5)

Instructor: Sarah Gardner

Children explore rhythm, tonal patterns and harmony in a variety of musical styles. Geared to age 3-4.5 kids who can sing along, but younger siblings are welcome to sign up with their older ones.

Location: Warren Building

Min: 6/Max: 12

0 11001				
S#	Day	Times	Date	Price
01	Fri	12 - 12:45 pm	Jan 13 - Mar 9	\$105
			(No class 2/24)	

Calling All Cooks

123717

(Ages 8 - 12)

Instructor: Betsy Arnold

One Saturday a month will we prepare 2-3 recipes for you to make and take home for you and your family to enjoy. If you like to cook and bake come and join us for this 2 ½ hour class. Sign up for one class or all three; every class features different recipes

Location: Warren Building		Min: 5/Max: 6	
1 week			
<u>S</u> #	Day	Times	Date
01	Sat	10 am - 12:30 pm	Jan 21

10 am - 12:30 pm Feb 11

10 am - 12:30 pm Mar 10

Warm and Cozy

Sat

123719 (Ages 6 - 9)

03

04

Instructor: Betsy Arnold

It's cold outside and we need food that will make us feel warm and cozy. For the next 6 weeks we will be preparing 2-3 recipes that will warm us up in the cold winter months. We might make a chicken and rice casserole with buttermilk biscuits and chocolate pudding. So, step out of the cold and into our warm kitchen. (There is an additional \$50 food fee paid to the instructor at the 1st class)

101 0.000)	
Location: Warren Building	Min: 3/Max: 8

6 weeks

S#	Day	Times	Date	<u>Price</u>
01	Thu	3:45 - 5:30 pm	Jan 12 - Feb 16	\$125

The Brunch Bunch

123721

(Ages 3 - 5)

Instructor: Betsy Arnold

If you would love to take a cooking class with your child but the work week is not good for you, then come to the Brunch Bunch. One

Saturday a month we will cook and bake 1-2 recipes per class. Sign up for one class or all three.

Location: Warren Building Min: 3/Max: 6

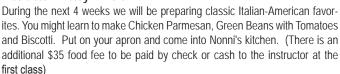
1 week					
<u>S#</u>	Day	Times	Date	<u>Price</u>	
01	Sat	10 - 11:15 am	Jan 28	\$30	
02	Sat	10 - 11:15 am	Feb 4	\$30	
03	Sat	10 - 11:15 am	Mar 17	\$30	

Ciao! Welcome to Italy

123720

(Ages 6 - 9)

Instructor: Betsy Arnold



Cooking

Location: Warren Building Min: 3/Max: 8

4 weeks

Price

\$45

\$45

\$45

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Thu	3:45 - 5:30 pm	Mar 1 - 22	\$85



Wellesley Recreation Department office is located at 90 Washington Street, Wellesley in the Warren Building. Hours: 8:30 - 4:40 pm

Young Broadcasters

424920

(Ages 10-18)

Instructor: Young Broadcasters Staff

You can be on TV! Have you ever wanted your own TV show? Would you like to learn how to host one on the Internet? Now you can! Young Broadcasters of America is offering their exclusive curriculum in broadcast communication. The skills taught in this workshop transfer to many give participants the oral communication edge.

Location: 81 Speen Street, Natick, MA Min: 6/Max: 12

3 weeks

2 44	WCCKS					
<u>S#</u>	Age	Day	Times	Date	Price	
01	10-18	Mon	4-6 pm	Jan 9-30	\$175	
				(No class 1/16)		
02	10-18	Wed	4-6 pm	Jan 11-25	\$175	
03	10-18	Sat	11-1 pm	Jan 7-28	\$175	
				(No class 1/14)		
04	10-18	Mon	4-6 pm	Mar 5-19	\$175	
05	10-18	Mon	4-6 pm	Mar 7-21	\$175	
16	10-18	Sat	4-6 pm	Mar 3-17	\$175	

Or Sign up for Flex Days! (Activity #424920-07)

How Flex Days work: YBA sends an email each week asking what day and time you want to attend a workshop.

Each week choose from this schedule: (subject to change by week)

Saturdays - 12 pm - 2 pm or 2 pm - 4 pm

Sundays - 10 am - 12 pm, 12 pm - 2 pm, 2 pm - 4 pm

Tuesday - 4 pm - 6 pm Wednesday - 4 pm - 6 pm

Mad Science: Crazy Chemwork

124901 (Ages 5 - 8)

Instructor: Mad Science Staff

Join the Mad Science hands-on science fun. We're crazy about science...and hope you are too! In this program, we'll have a blast exploring chemistry and how it affects the world around us. There will be exciting hands-on activities, spectacular demonstrations, and inquiry-based discussions. We'll learn about the tools scientists use in their laboratories; atoms, molecules, and reactions; acids and bases; and fluorescence and phosphorescence. We'll also examine and investigate super sticky things by exploring suction, hydrogen bonding and static cling and see some very cool dry ice demonstrations! The best part is that each week you'll be able to continue the science fun at home with our very own lab ware take-homes!

Location: Warren Building Min: 10/Max: 20

8 weeks

<u>S#</u>	Day	Times	Date	Price
01	Thu	3:30 - 4:30 pm	Jan 12 - Mar 8	\$135
		•	(No class 2/23)	



Money Game

124919 (Ages 10 - 14)

(Ages 10 - 14)

Instructor: Michelle Chalmers

Welcome to The Money Game a revolutionary new financial education program to teach children about money. The Money Game is a unique, effective, activity-based, information-rich, imagination-igniting financial education program for your students (ages 10 to 14). Join us for great fun as the students are the pieces and the lessons they learn about money and investing last forever.

Location: Warren Building Min: 5/Max: 15 1 week

i week					
S#	Day	Times	Date	<u>Price</u>	
01	Wed	4:30 - 6 pm	Feb 1	\$25	
02	Wed	6 - 7:30 pm	Mar 7	\$25	

Robotics 1

124908

(Ages 8 - 15)

Instructor: Ed Harrow



Participants in the course construct a sound-activated robot (Jungle Robot) to keep when the program is finished. The robot is activated by clapping one's hands or by otherwise making a loud sound. Once started, the robot continues to operate for a predetermined (adjustable) period. This kit is relatively easy to assemble, and provides an excellent introduction to geared mechanisms. Its gearbox features both a change in the axis of rotation and change of speed between input (from motor) and output (to drive mechanism). Additionally, the robot can be assembled to "walk" or travel "hand-over-hand." Changing from one mode to the other is simple, and adds to its entertainment value.

Location: Warren Building Min: 6/Max: 12

5 weeks

S#	Day	Times	Date	Price
01	Tue	3:45 - 5:15 pm	Jan 31 - Mar 6	\$150
		•	(No class 2/21)	

Pint-Size Science

124918

(Ages 2.5 - 4)

Instructor: Diane Dinell



Begin exploring science at an early age! In this class, kids will discover basic elements of science that will expose young children to a whole new world. Some activities may include: water exploration, magnets, balance, gravity, color exploration and much more!

Location: Warren Building Min: 4/Max: 9

8 weeks

S#	Day	Times	Date	<u>Price</u>
01	Wed	9 - 10 am	Jan 11 - Mar 7	\$135
			(No class 2/22)	

Chess

124800

(Ages 5 - 12)

Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhilarating class.

Location: Warren Building Min: 4/Max: 14 7/6 weeks

Day S# Times Date **Price** Jan 23 - Mar 12 Mon 4:30 - 5:30 pm \$110 (No class 2/20) 02 (Beg) Thu 3:45 - 4:45 pm Jan 19 - Mar 1 \$95 (No class 2/23) 03 (Int) Thu 4:50 - 5:50 pm Jan 19 - Mar 1 \$95 (No class 2/18)

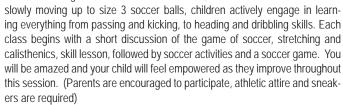


Knuckle Bones Soccer

123101 (Ages 2 - 3)

Instructor: Knuckle Bones Staff

This proven clinic will help children learn the Cobeginning skills, technique and etiquette of soccer. Starting with soft Rhino Skin balls,



Loc	ation: W	arren Building	Min: 6/Max: 16	
8 weeks				
<u>S</u> #	Day	Times	Date	<u>Price</u>
01	Mon	11 am - 12 pm	Jan 9 - Mar 12	\$105
		·	(No class 1/16, 2/20)	

Knuckle Bones Athletic Games

123100 (Ages 2 - 3)

Instructor: Knuckle Bones Staff

Knuckle Bones not only wants to teach children the fundamentals of sports, we want to help build confidence and develop a passion for athletics and fitness that will stay with them for life! Bringing a plethora of unique equipment, we will provide a diverse and fulfilling athletic program that focuses on fundamentals, gross motor development, physical fitness & fun! Proper sneakers are required.

Location	on: Warren	Building	Min: 6/Max: 15		
8 week	S	-			
<u>S#</u>	Day	Times	Date	Price	
01	Fri	10:30 - 11:30 am	Jan 13 - Mar 9	\$105	
			(No class 2/24)		

Knuckle Bones T-Ball

123102 (Ages 2 - 3)

Instructor: Knuckle Bones Staff

Knuckle Bones' Micro T-Ball will engage both parent/guardian and their toddler(s) in learning how to play like the big leaguers. Each day will bring a steady progression of t-ball skills and game play. Starting off with t-stands we'll quickly progress to underhand pitching, all the while practicing fielding skills. From understanding basic rules and batting technique to knowing when to run and how to "play the field", children will gain the essence of the game and have fun while playing in mock games. The last day will be the most fun as the children will take on the parents/ guardians in a game for bragging rights! (Parents are encouraged to participate, athletic attire and sneakers are required)

Locati	on: Warren	Building	Min: 6/Max: 15		
8 week	(S				
<u>S</u> #	Day	Times	Date	Price	
01	Thu	1:30 - 2:30 pm	Jan 12 - Mar 8	\$105	
			(No class 2/23)		

Knuckle Bones Micro Wheels

123104 (Ages 2 - 3)

Instructor: Knuckle Bones Staff

Knuckle Bones Micro Wheels will engage both parent/guardian and their toddler(s) through a developmental array of scooters through balance bicycles, culminating in attempting to ride a bicycle on their own. Each class will have a variety of wheeled, self-propelled vehicles that will be used to gain balance, confidence, and have a lot of fun. Obstacle courses, street signs and varied activities will all help these determined drivers to trust themselves as they look forward to actually riding a bicycle all by themselves. Proper sneakers and long pants are required.

Locati	on: Warren	Building	Min: 6/Max: 15		
8 weeks					
S#	Day	Times	Date	Price	
01	Wed	11 am - 12 pm	Jan 11 - Mar 7	\$105	
			(No class 2/22)		

Knuckle Bones Gymnastics

123103 (Ages 2 - 5)

Instructor: Knuckle Bones Staff

Knuckle Bones curriculum focuses on fundamental language, movement, flexibility, and skills of gymnastics. Children will acquire and develop the proper progression of skills through various apparatus including: beam and balancing stones, mini-high bar, mat shapes, spring board, mini trampolines, and numerous other components emphasizing gross motor and skill development. KB prides itself on engaging children through cooperative play and proper progression!

Price \$105

\$105

Location: Warren Building Min: 6/Max: 15

8 we	8 weeks				
<u>S#</u>	Age	Day	Times	Date	
01	2 - 3	Mon	2:45 - 3:30 pm	Jan 9 - Mar 12	
				(No class 1/16, 2/20)	
02	4 - 5	Mon	3:45 - 4:45 pm	Jan 9 - Mar 12	
				(No class 1/16, 2/20)	

Intro to Dance Level 2

124003

(Ages 3.5 - 4.5)

Instructor: Cindy Wright

An introduction to the joy of dance, this is a beginning ballet and tap class which also includes some creative movement. It is appropriate for children who have taken Intro to Dance 1 and / or those age 3 1/2 - 4 1/2 years. Children should wear any style/color dance wear, ballet slippers and tap shoes.

Location: Warren Building Min: 6/Max: 12

10 weeks

S#	Day	Times	Date	Price
01	Tue	12:30 - 1:15 pm	Jan 10 - Mar 20	\$150
			(No class 2/21)	



For all weekend classes...

In case of inclement weather, all Saturday classes will be cancelled the Friday before the scheduled class.

Irish Step Dancing

124001

(Ages 5+)

Instructor: Bonnie Severence

Students will develop an understanding of Irish Dance through lessons aimed at teaching each student in a supportive and progressive fashion. Students will keep journals of dance steps taught to practice at home. Skills to improve will be emphasized each week as new steps are added. Each class will include beginner



soft shoe steps (reel and jig), as well as traditional ceili (group/team) dancing. It is hoped that lessons will instill a love and appreciation for Irish Dance not only as an art form but as an important part of Irish culture and history. If you are Irish, this is a great way to connect with your heritage! Students should wear T-shirt and shorts, or leotard. Beginner girls may start out in ballet slippers, beginner boys in a simple jazz shoe, if you do not have traditional Irish dancing shoes. Please bring a notebook to class.

Location: Warren Building Min: 6/Max: 15

8 weeks

O W	O WCCK3					
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>	
01	5 - 7	Sat	11 am - 12 pm	Jan 21 - Mar 24	\$90	
				(No class 2/18, 2/25)		
02	8 - 12	Sat	12 - 1 pm	Jan 21 - Mar 24	\$90	
				(No class 2/18, 2/25)		
03	13 +	Sat	1 - 2 pm	Jan 21 - Mar 24	\$90	
				(No class 2/18, 2/25)		

Intro to Dance Level 3

124004

(Ages 4 - 5.5)

Instructor: Cindy Wright

This is a beginning ballet and tap class which also includes some creative movement. It is appropriate for those children who have taken Intro to Dance 1 or 2 and/or those age 4 - 5 1/2 years. Children should wear any style/color dance wear, ballet slippers and tap shoes.

Location: Warren Building Min: 6/Max: 12

10 weeks

S#	Day	Times	Date	Price
01	Thu	12:30 - 1:15 pm	Jan 12 - Mar 22	\$150
		·	(No class 2/23)	



Birthday Parties at Warren!

Selected Saturdays 2:30 pm - 4:30 pm

Age 6+: Gymnasium • Kitchen

Some Equipment

Age 2-6: Children's Room

2 Hours \$125

- Birthdays may be booked in person, by phone or online (online: search by activity # 422401).
- A credit card is required in order to book a birthday party.
- When booking a party the family is responsible for providing proper supervision at all times.
- You are responsible for all clean up.

Available Dates for 2011 - 2012

Dec 17	March 3	April 28
Jan 7	March 10	May 5
Jan 21	March 17	May 12
Jan 28	March 24	May 19
Feb 4	March 31	June 2
Feb 11	April 14	June 9

Martial Arts, Soccer & Batons

Karate

121800

(Ages 5 - 12)

Instructor: Steve Nugent & Staff

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self-defense. All classes taught by 5 time World Champion and 10th Degree Black Belt Steve Nugent and staff. Uniform and belt included.



5:00 PM - Blue, Green & Brown Belts

5:30 PM - White, Yellow, Orange, & Purple Belts

6:15 PM - Blue, Green & Brown Belts

Location: Warren Building Min: 10/Max: 30

11 weeks

<u>S</u> #	Age	Day	Times	Date	<u>Price</u>
01	5 - 7	Wed	4:30 - 5 pm	Jan 4 - Mar 21	\$295
				(No class 2/22)	
02	5 - 7	Wed	5 - 5:30 pm	Jan 4 - Mar 21	\$295
				(No class 2/22)	
03	8 - 12+	Wed	5:30 - 6:15 pm	Jan 4 - Mar 21	\$295
				(No class 2/22)	
04	8 - 12+	Wed	6:15 - 7 pm	Jan 4 - Mar 21	\$295
				(No class 2/22)	

Indoor Soccer

122900

(Ages 4 - 9)

Instructor: James Bede & Staff

Get the little ones ready to learn proper soccer skills. JAMES BEDE SOCCER ACADEM This class will help them learn the basics of soccer

while having fun and socializing with others. Each child will be responsible for bringing shin guards and a water bottle. Join us for some soccer fun! Each class will be held in the gym.

Location: Warren Building Min: 10/Max: 20

8 weeks

S#	Age	Day	Times	Date	Price
01	4	Wed	2 - 2:45 pm	Jan 18 - Mar 14	\$145
				(No class 2/22)	
02	5	Wed	2:50 - 3:35 pm	Jan 18 - Mar 14	\$145
				(No class 2/22)	
03	4	Wed	3:45 - 4:25 pm	Jan 18 - Mar 14	\$145
				(No class 2/22)	
04	5 - 6	Wed	4:30 - 5:15 pm	Jan 18 - Mar 14	\$145
				(No class 2/22)	
05	5 - 6	Wed	5:20 - 6:20 pm	Jan 18 - Mar 14	\$145
				(No class 2/22)	
06	8 - 9	Sat	1:15 - 2:15 pm	Jan 21 - Mar 24	\$145
				(No class 2/18, 2/25)	



Little Dragons

121803

(Ages 3 - 4)

Instructor: Steve Nugent & Staff

Now the youngster can join in on the fun! It covers fine and gross motor skills, balance and stretching. Children also get to jump, punch and kick targets while we always stressing the importance of keeping your hands to yourself! Respect and listening are the main components of this class. Uniforms and belts are included!

Location: Warren Building			Min: 10/Max: 30		
11 we	eks	-			
<u>S#</u>	Day	Times	Date	Price	
01	Wed	4 - 4:30 pm	Jan 4 - Mar 21	\$295	
			(No class 2/22)		

Baton Twirling Level 1

125004

(Ages 6 - 12)

Instructor: Tracey Johnson & Staff

This instructional program is for beginners and includes all necessary fundamentals of the sport of baton twirling. During the session you will be taught proper technique in marching, basic twirls, dance and showmanship. Twirling promotes flexibility, grace, physical fitness, self-confidence, coordination, teamwork and more.

Location: Warren Building 9 weeks				Min: 5/Max: 10	
01	6 - 8	Tue	3:20 - 3:50 pm	Jan 17 - Mar 20	\$65
				(No class 2/21)	
02	9 - 12	Tue	3:50 - 4:35 pm	Jan 17 - Mar 20	\$80
				(No class 2/21)	

Advanced Footskills

122901

(Ages 9 - 14)

Instructor: James Bede

This is an intense foot skills session which is sure to bring your soccer game to the next level. If you are willing and wanting to work on being a better player this is the place to be!

Location: Warren Building			Min: 10/Max: 20	
8 weeks				
S# Age	Day	Times	Date	<u>Price</u>
01 9 - 11	Tue	4:45 - 5:45 pm	Jan 17 - Mar 13	\$145
			(No class 2/21)	
02 12 - 14	Tue	5:45 - 6:45 pm	Jan 17 - Mar 13	\$145
			(No class 2/21)	

Terriers Dodgeball League

120601 (Grades 2 - 5)

Instructor: Joe Roberts & Terriers

Staff

Kids love the fast paced action, throwing, catching and of course dodging balls in this great game. They also get a great overall workout and develop throwing, catching and agility skills, while enjoying a great time playing one of their favorite games. Teams will be organized into teams by grade and provided with cool team dodgeball shirts. Mixed with a soundtrack of music provided by Terriers, the kids enjoy high-octane fun. For added entertainment at the conclusion of the program teams will compete for a chance to win and sign the Terriers Dodgeball Bucket. Cushioned foam balls are used for safety.

Location: Warren Building Min: 16/Max: 40

5 weeks

S#	Day	Times	Date	Price
01	Fri	3:45 - 4:55 pm	Jan 20 - Feb 17	\$95
02	Fri	3:45 - 4:55 pm	Mar 2 - 30	\$95

Terriers Basketball

120600

(Grades 3 - 5)

Instructor: Joe Roberts & Terriers Staff
This program is designed for kids who have a
passion to play the game of basketball and are
serious about working to improve their skills and
play competitive games. Participants should
have previous experience dribbling and shooting a basketball so the instructors can introduce



and develop advanced skills. Each session will begin with instructional skill sessions. To help players develop game skills, including defensive and rebounding techniques, we will play 3 on 3 basketball, which creates open floor space and provides a tremendous opportunity for players to improve while playing the game. Instruction provided by Terriers Sports Director Joe Roberts and the Terriers Staff. Participants will receive pro-style game jerseys.

Location: Warren Building Min: 12/Max: 24

5 weeks

S#	Day	Times	Date	Price
01	Thu	6:35 - 7:45 pm	Jan 19 - Feb 16	\$115
02	Thu	6:35 - 7:45 pm	Mar 1 - 29	\$115



Resident Registration Tuesday, December 6

Non-Resident Registration Tuesday, December 13

How to Register? Walk in • Fax it in

Mail it • Phone it in 781-235-2370

or go ONLINE @ wellesleyma/gov

Want to teach a class? Youth Program: Call Tim Adult Program: Call Matt

781-235-2370

Thundercat Mini Sport

120903 (Ages 4)

Instructor: Thundercat Sports Staff Come have a ball with Thundercat Sports! This fun program will include soccer, bas-

ketball, softee hockey, and other unique games which may include Sponge Bob Tag and Finding Nemo. Emphasis will be on some basic skill building, developing hand eye coordination, team work, and FUN! Program is coed, and every participant receives a sport related item.

Location: Warren Building Min: 10/Max: 20

5 weeks

J WCC	N.S			
S#	Day	Times	Date	Price
01	Mon	2:30 - 3:30 pm	Jan 30 - Mar 5	\$95
		•	(No class 2/20)	



Thundercat Sports Jam

120904 (Ages 5 - 6)

Instructor: Thundercat Sports Staff

Play, play, and play some more! Thundercat Sports multi-sport program is designed to give a taste of several sports to young athletes. Enthusiastic coaches will referee, emphasize proper skills, rules, and give tips while maximizing playing time for each child. Unique games and activities will be mixed in creating a fun non-competitive atmosphere. The program culminates with tournament day! Program is coed and participants will receive a sport related item. Please bring an appropriate size basketball OR soccer ball, athletic clothing, sneakers, and a water bottle. For more information please visit www. thundercatsports.com.

Location: Warren Building Min: 10/Max: 20 5 weeks

 S#
 Day
 Times
 Date
 Price

 01
 Mon
 3:30 - 4:30 pm
 Jan 30 - Mar 5 (No class 2/20)
 \$95

Nashoba Wednesday Ski Program

123300

(Ages 8 - 11)

Instructor: Nashoba Valley Ski Resort

Now is the best time to learn to ski or snowboard. If you already ski or snowboard, you can polish your skills. This program includes transportation to Nashoba Valley, lessons and lift tickets. Please indicate if your child is a first time skier and if they will snowboard or ski. All participants must be enrolled in grades 3 - 5. If you need rental equipment you MUST attend the prefit. Dec 15th 5:30 pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program. Price does NOT include rental fee. Rental fee: \$75.

Location: Nashoba Valley Min: 20/Max: 40

4 weeks

<u>S</u> #	Day	Times	Date	Price
04	Wed	12:45 - 5:30 pm	Jan 4 - 25	\$260



A Note to Parents For Nashoba Ski

The Recreation Department has been offering ski lessons at Nashoba Valley for a number of years. There are a few things that you can do to help us. We do ask that your child wear the ski band provided by us, so that we can identify those in our group. WE ARE NOT RESPONSIBLE FOR ARTICLES LEFT BEHIND. YOUR CHILD MUST MAKE SURE THEY HAVE EVERYTHING BEFORE WE LEAVE NASHOBA. Children are not allowed to wear ski boots on the bus. Every child who goes to Nashoba on the bus will return to the Warren Building parking lot on the bus. If you must pick your child up at Nashoba, then you will also be responsible for getting them to Nashoba that day. Last, but not least, we ask that you BE ON TIME TO PICK UP YOUR CHILD. The bus is usually back at the Warren Building parking lot by 5:15 pm at the latest for the Wednesday program, and for the Friday night program by 9:30 pm.

Nashoba Friday Ski Program

123301

(Ages 11 - 14)

Instructor: Nashoba Valley Ski Resort

Just imagine blazing down the slopes of Nashoba Valley under the lights instead of staying home on Friday night. Join your friends and enjoy four weeks of skiing or snowboarding. Participants should bring a bag lunch/supper or they may purchase something at Nashoba. No lessons on Friday nights. Children must be enrolled in grades 6-8. If you need rental equipment you MUST attend the prefit. Dec 15th 5:30 pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program. Price does NOT include rental fee.

Rental fee: \$75. Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

1 WCCKS						
S#	Day	Times	Date	Price		
01	Fri	3:45 - 9:30 pm	Jan 6 - 27	\$250		

Middle School Ski

123304 (Grades 6 - 8)

Instructor: Wellesley Recreation Staff



Middle School Ski Trip to Waterville Valley NH

Get out of Wellesley for a fun filled day of skiing at one of NH's great ski resorts. The coach bus will depart from the Warren Recreation building at 6:30 am and then leave Waterville Valley around 4:00 pm. Chaperones will be at the lodge, on the mountain, continuously roaming the base of the mountain and will always be available via cell phone. Rentals and lessons are available, but it is recommended that rentals be acquired from a local shop prior to the trip. Parent/Guardian must fill out Waterville Valley rental agreement prior to departure.

Location: Waterville Valley Ski Resort, NH Min: 25/Max: 50

1 week

<u>S# Day Times Date</u> 01 Sat 6:30 am - 6:30 pm Jan 28

A. Bus and Lift Ticket= \$90B. Ski/Snowboard Rental= \$30

C. Helmet= \$10

Return bus leaves Waterville @ 4 pm. Travel time is appx. 2+ hours.



High School Ski Trip

123305 (Grades 9-12)

Instructor: Wellesley Recreation Staff



High School Ski Trip to Waterville Valley NH

Get out of Wellesley for a fun filled day of skiing at one of NH's great ski resorts. The coach bus will depart from the Warren Recreation building at 6:30 am and then leave Waterville Valley around 4:00 pm. Rentals and lessons are available, but it is recommended that rentals be acquired from a local shop prior to the trip. Parent/Guardian must fill out Waterville Valley rental agreement prior to departure.

Location: Waterville Valley Ski Resort, NH Min: 25/Max: 50

1 week

 S#
 Day
 Times
 Date

 01
 Sat
 6:30 am - 6:30 pm
 Mar 3

A. Bus and Lift Ticket= \$90 B. Ski/Snowboard Rental= \$30

D. Helmet= \$8

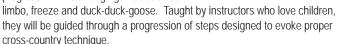
Return bus leaves Waterville @ 4 pm. Travel time is appx. 2+ hours.

Beginner Cross Country Skiing

123302 (Ages 6 - 10)

Instructor: Weston Ski Track

Learning through fun and games is our approach to teaching children. Your child will progress in skills through games such as



Location: Weston Ski Track Min: 3/Max: 12

5 weeks

S#	Day	Times	Date	Price
01	Wed	1:15 - 2:15 pm	Jan 4 - Feb 1	\$95



For Cross Country Snow Conditions Call Weston Ski Touring Center at 781-891-6575

Rental Information: Cross-Country equipment rental is done directly at Weston Ski Touring. Please arrive 15 minutes early for your first class in order to rent your equipment. Students will have access to rentals and trails at any time for the duration of the program. Adults who accompany a child who is in the program will receive a free trail pass.

Rental Fees:

\$40 - Children's Equipment for entire program

\$8- Children's Equipment per lesson

Rental Fees are payable to Weston Ski Touring at first class.

February Cross Country Skiing

123303

(Ages 6 - 16)

Instructor: Weston Ski Track

A three-day version of our children's program, this package gets kids outdoors and having fun during the snowy February vacation week. A popular program,

this fills up quickly, so sign up early!

Location: Weston Ski Track Min: 2/Max: 12

1 week

S#	Day	Times	Date	Price
01	Tue-Thu	9:30 - 10:30 am	Feb 21 - 23	\$60

Tiny Blades

123200 (Ages 3 - 5)

Instructor: Bay State Blades

This program is an excellent introduction to ice skating. Each class consists of a 25 minute lesson where skaters learn the basic skills necessary to enjoy recreational ice skating or enter into a hockey or figure skating program in the future. Each child will receive a progress book with stickers that will help keep track of your child's progress as they move through the 5 levels. Skates will be available free of charge on a first-come, first-serve basis. HECC certified helmets are strongly recommended. Skaters should wear warm comfortable clothing and mittens or gloves to class.

Location: Wm. Chase Arena				Min: 3/Max: 20	
8 we	eks				
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>
01	3 - 5	Tue	4:40 - 5:05 pm	Jan 3 - Feb 21	\$109
02	3 - 5	Tue	5:05 - 5:30 pm	Jan 3 - Feb 21	\$109
03	3 - 5	Thu	1 - 1:25 pm	Jan 5 - Feb 23	\$109
04	3 - 5	Thu	1:25 - 1:50 pm	Jan 5 - Feb 23	\$109
05*	3 - 5	Tue	4:40 - 5:05 pm	Feb 28 - Apr 17	\$109
06*	3 - 5	Tue	5:05 - 5:30 pm	Feb 28 - Apr 17	\$109
07	3 - 5	Thu	1 - 1:25 pm	Mar 1 - Apr 19	\$109
80	3 - 5	Thu	1:25 - 1:50 pm	Mar 1 - Apr 19	\$109

*All classes during this session will have a time change AFTER the 2/28 class. Classes from 3/6 on will be held at 3:40 (05) and 4:05 (06)

Learn to Skate

123201

(Ages 6 - 13)

Instructor: Bay State Blades

This is a great program for children who want to learn the basic skills necessary to enjoy recreational ice skating or enter into a youth hockey or figure skating program in the future. Each Learn-to-Skate class consists of a 40 minute lesson and 10 minutes of practice time. Skates will be available free of charge on a first-come, first-serve basis. HECC certified helmets are strongly recommended. Skaters should wear warm comfortable clothing and mittens or gloves to class. All of our Arenas are members of the Ice Skating Institute (ISI) and/or USFS Basic Skills programs.

Loc	ation: W	lm. Chas	e Arena	Min: 3/Max: 20	
8/7	weeks				
<u>S#</u>	Age	Day	Times	Date	<u>Price</u>
01	6 - 12	Mon	5:40 - 6:30 pm	Jan 2 - Feb 20	\$129
02	6 - 12	Tue	4:40 - 5:30 pm	Jan 3 - Feb 21	\$129
03	6 - 12	Sat	9 - 9:50 am	Jan 7 - Feb 25	\$115
				(No class 1/14)	
04	6 - 12	Sat	10 - 10:50 am	Jan 7 - Feb 25	\$115
				(No class 1/14)	
05*	6 - 12	Tue	4:40 - 5:30 pm	Feb 28 - Apr 17	\$129
06	6 - 12	Sat	9 - 9:50 am	Mar 3 - Apr 21	\$115
				(No class 3/10)	
07	6 - 12	Sat	10 - 10:50 am	Mar 3 - Apr 21	\$115
				(No class 3/10)	

^{*}All classes during this session will have a time change AFTER the 2/28 class. Classes from 3/6 on will be held at 3:40.

Tennis & America's Champs

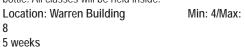
Indoor Tennis

125200

(Ages 5 - 11)

Instructor: John Gautschi, Mike Sabin & Staff

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle. All classes will be held inside.



5 w	eeks				
S #	Age	Day	Times	Date	<u>Price</u>
01	5 - 7	Thu	3:30 - 4:30 pm	Jan 5 - Feb 2	\$110
02	5 - 7	Thu	4:30 - 5:30 pm	Jan 5 - Feb 2	\$110
03	8 - 11	Thu	5:30 - 6:30 pm	Jan 5 - Feb 2	\$110
04	5 - 7	Thu	3:30 - 4:30 pm	Feb 16 - Mar 22	\$110
				(No class 2/23)	
05	5 - 7	Thu	4:30 - 5:30 pm	Feb 16 - Mar 22	\$110
				(No class 2/23)	
06	8 - 11	Thu	5:30 - 6:30 pm	Feb 16 - Mar 22	\$110
				(No class 2/23)	
07	8 - 11	Wed	12:30 - 1:30 pm	Jan 4 - Feb 1	\$110
80	8 - 11	Wed	12:30 - 1:30 pm	Feb 15 - Mar 21	\$110
				(No class 2/22)	





America's Champs February Vacation

121204

(Ages 6 - 12)

Instructor: America's Champs Staff

Skills, drills, and fun! Instruction includes basic skills like shooting, passing, dribbling, offense, defense and rules of the game. There will be a game each day so skills can be put into action. Sneakers, water bottle and appropriate dress are required.

Loca	ition: Warre	en Building	Min: 10/M					
1 week								
S#	Age	Day	Times	Date	Price			
01	6 - 9	Tue-Fri	11 am - 12:30 pm	Feb 21 - 24	\$125			
02	10 - 12	Tue-Fri	12:30 - 2 pm	Feb 21 - 24	\$125			



America's Champs Basketball December & February Sessions

(Ages 3 - 7)

Instructor: America's Champs Staff

Skills, drills, and fun! Instruction includes basic skills like shooting, passing, dribbling, defense and rules of the game. There will be a game each week so skills can be put into action. Get ready for some basketball fun!

DECEMBER (#421200) Location: Warren Building Min: 8/Max: 24 5 weeks					Loc	BRUARY (#12 ation: Warre eeks	•	g Min: 8/	/Max:24		
<u>S</u> #	Age	Day	Times	Date	Price	S#	Age	Day	Times	Date	Price
09	3 - 4 coed	Sat	8:30 - 9:15 am	Dec 10 - Jan 28	\$95	01	3 - 4 coed	Sat	8:30 - 9:15 am	Feb 4 - Mar 10	,
				(No class 12/24, 12	2/31, 1/14)					(No class 2/18)	•
10	5 - 7	Sat	9:15 - 10 am	Dec 10 - Jan 28	\$95	02	5 - 7	Sat	9:15 - 10 am	Feb 4 - Mar 10	\$95
				(No class 12/24, 12	2/31, 1/14)					(No class 2/18))

America's Champs Basketball League

121203

(Ages 5 - 10)

Instructor: America's Champs Staff

America's Champs Winter Basketball League gives players the opportunity to play basketball games in a recreational setting. Teams play at 9-foot baskets. On the first day America's Champs will evaluate players so that proper teams can be made to begin the season, 5-7 yrs will be evaluated from 10 - 11:30 and the 8-10 yrs will be evaluated from 11:45 - 1:15. League schedules will be distributed before the first game. Players receive an America's Champs uniform shirt. 8-10 year old league, games will start at 11:00 and at 12:00 each week. Schedules will be distributed after the 1st class

Location: Warren Building Min: 20/Max: 80

<u>S</u> #	Age	Day	Times	Date	Price
01	5 - 7	Sat	10 - 11 am	Dec 10 - Mar 10	\$195
				(No class 12/24, 12/31, 1/14, 2	/18)
02	8 - 10	Sat	11 am - 1 pm	Dec 10 - Mar 10	\$195
			·	(No class 12/24, 12/31, 1/14, 2	/18)

Pony Power

132202 (Ages 2 - 5)

Instructor: Century Mills Stable

A class made just for children ages 2 - 5! Our wonderfully patient small ponies are ready to teach your child the basics of horsemanship. Children will learn how to handle, groom, and tack up the pony, and will spend time in the saddle as well, working on basic control and position. Parents are encouraged to actively participate in the learning experience, and will be taught how to work safely around the animals and how to help their child have a safe and positive experience with the ponies. Century Mill Stables is conveniently located just 3 minutes from 495 and has an indoor ring for classes to run in all weather.

Location: Century Mill Stables Min: 3/Max: 6

4	weeks
4	weeks

<u>S</u> #	Day	Times	Date	Price
01	Wed	2 - 2:50 pm	Jan 11 - Feb 1	\$145
02	Sat	2 - 2:50 pm	Jan 14 - Feb 4	\$145
03	Wed	2 - 2:50 pm	Feb 29 - Mar 21	\$145
04	Sat	2 - 2:50 pm	Mar 3 - 24	\$145

Hoof Beats

132200

(Ages 6 - 12)

Instructor: Century Mills Stable

If you have taken our Horse Power class, or have some riding experience, Hoof Beats is for you! This 50 minute group riding lesson is open to everyone age 6 and up, and will focus on improving basic riding skills. Work on control and position at the walk and trot, learn basic jumping principles, and develop confidence in the saddle. Our licensed, upbeat instructors and happy, well-trained horses will make sure you have a positive riding experience. Century Mill Stables is conveniently located just 3 minutes from 495 and has an indoor ring for classes to run in all weather.

Location: Century Mill Stables Min: 3/Max: 6

4 weeks

S#	Day	Times	Date	<u>Price</u>
02	Sun	4 - 4:50 pm	Jan 15 - Feb 5	\$180
09	Sun	4 - 4:50 pm	Mar 4 - 25	\$180

Horseback February Vacation

132203

(Ages 6 - 14)

Instructor: Century Mills Stable

Come to vacation horse camp! Ride every day under licensed instruction. Learn to brush and care for horse and participate in horsemanship classes including anatomy and horse healthcare. Every session finishes with a real horse show complete with ribbons and prizes! Extended hours available by request at \$20 per hour.

Location: Century Mill Stables Min: 3/Max: 10

1 week

S#	Day	Times	Date	Price
01	Mon-Fri	9 am - 3 pm	Feb 20 - 24	\$575



Horse Power

132201 (Ages 6 - 12)

Instructor: Century Mills Stable

Have a horse crazy child between the ages of 6 and 12? Horse Power is designed to give both children and their parents a broad-based introduction to horses in a fun, interactive class. Start each session by learning how to handle, groom, and tack up a horse. End each class with a group riding lesson where kids get to learn the basics in the saddle and parents can learn how to safely help them. Our licensed, upbeat instructors and happy, well-trained horses will make sure you and your child have a positive first horse experience. Century Mill Stables is conveniently located just 3 minutes from 495 and has an indoor ring for classes to run in all weather.

Location: Century Mill Stables Min: 3/Max: 6

4 weeks

IVVCCI	13			
<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Thu	4 - 4:50 pm	Jan 12 - Feb 2	\$180
02	Sun	3 - 3:50 pm	Jan 15 - Feb 5	\$180
03	Thu	4 - 4:50 pm	Mar 1 - 22	\$180
04	Sun	3 - 3:50 pm	Mar 4 - 25	\$180

Directions to Century Mills Stable

Century Mill Stables is only a stone's throw from Route 495 – How one gets to Route 117 from Wellesley is pretty much up to the individual and how well they know the area. Staying on major highways it is best to come to Route 495 from Wellesley via Route 9 or via Route 128 to the Mass Pike West. Go north on Route 495. Take exit 27 (Bolton/Stow exit) and at the bottom of the ramp take a left onto Route 117 toward Stow and then an IMMEDIATE right onto Route 85. Go one mile on Route 85 and take a right onto Century Mill Road. Century Mill Stables (#185) is one mile down on the right. Please call (978-779-2934) if you have trouble finding the stable.

Babysitting & Safety

Home Alone Safety

131501 (Ages 9 - 11)

Instructor: Juanita Allen

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. Please bring a

Location: Warren Building Min: 6/Max: 12

1 Class

S#	Day	Times	Date	<u>Price</u>
01	Wed	3 - 5 pm	Feb 1	\$45

Bullyproofing

131506 (Ages 7 - 10)

Instructor: Juanita Allen

This program is designed to be preventative and proactive, so that children can avoid being bullied, and if they are bullied, know how to stop it. In an interactive, non-threatening manner, children learn how to become "Bully Proofed." We'll focus on identifying bullying, understanding why it occurs, acting on bullying, and Cyberbullying and prevention.

Location: Warren Building Min: 6/Max: 12

1 Class

S#	Day	Times	Date	Price
01	Wed	1 - 3 pm	Feb 1	\$45

Babysitters Training

131504

(Ages 11 - 15)

Instructor: Alice Wadley

The purpose of this course is to train individuals in baby-sitting responsibilities; characteristics of children; supervising and playing with children; basic care such as feeding and changing; emergency response; and first aid care for injuries and sudden illnesses. Participants also learn to recognize and provide basic care for cardiac emergencies in children and infants until advanced medical personnel arrive and take over. Upon successful completion of this course, students will receive a Baby-sitter's Course completion certificate, an Infant and Child CPR certificate valid for one (1) year and a First Aid certificate valid for three (3) years. Please bring a bagged dinner.

Location: Warren Building Min: 8/Max: 12

2 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 7 pm	Jan 23 - 30	\$115

First Aid & CPR

131502

(Ages 16 - 99)

Instructor: Juanita Allen

The Heartsaver CPR and 1st Aid course teaches lay rescuers how to recognize and treat life-threatening emergencies, including cardiac arrest and choking or adult, child and infant victims. Students also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. This course is intended for all lay rescuers, such as employees in the workplace, day care employees, baby-sitters, firefighters, police, airline personnel, security guards, family members of patients at high risk for sudden cardiac death, other lay rescuers, and those who may have a need to respond to an emergency. Upon completion, participants will receive a 2 year certification in Adult & Pediatric CPR.

Location: Warren Building Min: 6/Max: 12

1 Class

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S#	Day	Times	Date	Price
01	Wed	5 - 8:30 pm	Feb 1	\$85



SUMMER CAMP REGISTRATION

January 10th @ 7 am for both Residents and Non Residents

ONLINE PROGRAM REGISTRATION

Tuesday, December 6 @ 7am for Residents

Tuesday, December 13 @ 7 am for Non-Residents

wellesleyma.gov/recreation

Office Hours: 8:30 am - 4:30 pm Phone, Walk, Fax Mail or go ONLINE

December & February Vacation Programs

Puddlestompers Vacation

415701 (Ages 3 - 6)

Instructor: Puddlestompers Staff

Let us lead your children in discovering the mystery of winter during PUD-DLESTOMPERS! December Vacation drop-off program. Winter is a magical time to explore! Come see how animals and plants are surviving the cold. Look for animal tracks and investigate other signs of winter activity. Discover who is taking a rest during the cold months and who is still out and about! Children will learn about the day's topic through hands-on investigation, active movement and play, crafts, stories, and songs. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and exploration into your home. (snack provided)

Location: Warren Building Min: 5/Max: 15

1	week
	MCCL

	•			
S#	Day	Times	Date	<u>Price</u>
01	Tue	9 am - 12 pm	Dec 27	\$50
02	Wed	9 am - 12 pm	Dec 28	\$50
03	Thu	9 am - 12 pm	Dec 29	\$50
04	Fri	9 am - 12 pm	Dec 30	\$50

Winter Studios

421489

(Ages 8 - 13)

Instructor: D'Ann Hansen, Ramune Jauniskis

Winter Studios is a three day program that offers young artists the opportunity to study drawing, painting, and pottery in a focused, creative environment. Half of each day is dedicated to the study of drawing and acrylic painting, and the other half to pottery. Please bring a lunch for the break. All materials included

Location: Warren Building			ding	Min: 4/Max: 8	
1 week					
S#	Age	Day	Times	Date	<u>Price</u>
01	8 - 10	Tue-Thu	10 am - 3 pm	Dec 27 - 29	\$265
02	11 - 13	Tue-Thu	10 am - 3 pm	Dec 27 - 29	\$265

Chess & Science December Vacation

424803

01

Wed-Fri

(Ages 5 - 12)

Instructor: Jim Della Selva, Bill Richards

Science teacher, Bill Richard will ensure that you have a fun-filled week observing, hypothesising, and testing your own ideas as we delve into magnetism, sound, design technology, and flight. Hands on projects, use of scientific method and learning by doing will be emphasized. Chess teacher and player, Jim Della Selva will teach your child the fundamentals of chess from beginner to the more advanced aspects of the game. Expand your knowledge base and learn techniques designed to improve all phases of your game.

Location: Warren Building			Min: 8/Max: 16	
1 week				
S#	Day	Times	Date	<u>Price</u>

Dec 28 - 30

1 - 3 pm

Harry Potter- Travel On Our Science Mystery Tour

124910 (Ages 6 - 11)

Instructor: Sciensational Staff

All aboard for lots of hands-on fun. Join in the escapades of Harry and his friends. Play quidditch. Write with invisible ink. Make an edible wand. We will brew some fantastic potions to drink. Let's create and watch some fantastic chemical reactions. Watch a mirage appear. You won't believe it! Wonder where the sorting hat will place you? Make cool crystals. Come join us where the magic of science, art, and literature meet. Harry, Ron, and Hermoine are waiting for your arrival! Experiment with colored magic sand. See a mysterious glowing ball.

Location: Warren Building	Min: 8/Max: 15
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i week	1	week
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S#	Day	Times	Date	Price
01	Thu & Fri	9 am - 4:30 pm	Dec 29 - 30	\$150

Winter Comfort Food

423734

(Ages 8 - 12)

Instructor: Betsy Arnold

When it's cold outside there is nothing better for dinner than the food we love to eat. After all the holidays it is time to give your parents a break and make dinner for them. Each day we will make an entree, a side dish and a dessert, so put on an apron, come into the kitchen and stay out of the cold. (There is an additional \$30 food fee paid to the instructor at the 1st class)

Location: Warren Building Min: 4/Max: 8

1 week

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Tue-Thu	9:30 - 12:30 pm	Dec 27 - 29	\$90

Sew Easy Vacation Classes

121428

(Ages 5.5 - 18)

Instructor: Sew Easy Staff

Kids & Teens! Come join in the fun learning the basics of machine sewing. Start sewing right away creating 5-10 projects during your week at Sew Easy. Learn how to operate a sewing machine, choose patterns, and select fun fabrics and complete projects. Choose from over 300 projects including: Clothes for kids & teens; Fleece wear; American Girl Doll & Web kin fashion and much, much more! Our program instills confidence, creativity and the desire to succeed. (The price includes a \$25 materials fee)

Location: Sew Easy Min: 6/Max: 12

1 week

<u>S#</u>	Day	Times	Date	Price
06	Mon-Fri	9:30 am - 2 pm	Dec 19 - 23	\$324
01	Mon-Fri	9:30 am - 2 pm	Dec 26 - 30	\$324
02	Mon-Fri	9:30 am - 2 pm	Feb 20 - 24	\$324
03	Mon-Fri	9:30 am - 2 pm	Mar 12 - 16	\$324
04	Mon-Fri	9:30 am - 2 pm	Mar 19 - 23	\$324
05	Mon-Fri	9:30 am - 2 pm	Mar 26 - 30	\$324

\$165

Puddlestompers February Vacation

115702

(Ages 3 - 6)

Instructor: Puddlestompers Staff

Let us lead your children in discovering the beauty and wonder of winter during PUDDLESTOMPERS February Vacation Drop-Off Program. We will venture outside along the adjacent trails to the Warren Building as much as the temperature and weather will allow. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Investigate the reappearance of animals and the new growth of plants as Mother Nature promises warmer weather in the months ahead. We will learn about the day's topic through hands-on exploration, active movement and play, crafts, stories, and songs with our integrated curriculum. A snack will be provided as well as a craft and handout with additional activities and information to extend learning and nature discovery into your home.

Location: Warren Building Min: 6/Max: 15

1 week

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Tue	9 am - 12 pm	Feb 21	\$50
02	Wed	9 am - 12 pm	Feb 22	\$50
03	Thu	9 am - 12 pm	Feb 23	\$50
04	Fri	9 am - 12 pm	Feb 24	\$50



For Specific Questions: Please call Puddlestompers @ 781-235-6677 or visit puddlestompers.com

To Register: Call the Recreation Dept. @781-235-2370

Sciensational Vacation: Egyptian Dig

124910

(Ages 6 - 11)

Instructor: Sciensational Staff

Children discover the amazing science of Archaeology as they uncover ancient artifacts. In doing this, we will learn about Egyptian life. We will excavate with tools like a real archaeologist uses. We will find the following artifacts as we excavate a scarab, hieroglyphic tablet, ankh symbol and a jackal. You will learn about this and even take home a booklet. The artifacts are yours to keep. We will wet the sand that we dig into and create one of two sand sculptures for display. You can make a pyramid as well as a sphinx. Let's go back in time with a hands on archaeological experience!

Location: Warren Building

Min: 8/Max: 15

1 week

S#	Day	Times	Date	Price		
02	Tue & Wed	9 am - 4:00 pm	Feb 21 - 22	\$150		

February Vacation Programs

Chess February Vacation

124801

(Ages 5 - 12)

Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhibitor ting class.

miss this exhilarating class. Location: Warren Building

Min: 4/Max: 14

1 week

S#	Day	Times	Date	Price
01	Tue-Thu	1 - 3 pm	Feb 21 - 24	\$95

Pottery Vacation

121417

(Ages 7 - 13)

Instructor: Ramune Jauniskis

In this four day course kids will learn the basics of hand building and wheel throwing while working on suggested projects as well as projects of their own choosing. All work will be kiln fired and must be picked up the following week. Please bring a snack for the half day program. Price includes materials fee.

Location: Warren Building

Min: 6/Max: 10

1 week

S#	Day	Times	Date	Price
01	Tue-Fri	9 am - 12 pm	Feb 21 - 24	\$165



REGISTRATION BEGINS:

Tuesday, December 6th for Residents

Tuesday, December 13th for Non Residents

Kitchen Magic

123716

(Ages 8 - 12)

Instructor: Betsy Arnold

You will create magic in the kitchen this week when you take basic pantry ingredients and whip them into delicious food items. Delight your family when you transform eggs, sugar and flour into a 2 layer cake or when you take the same eggs and flour to create a delicious pasta dish. Each child will receive an apron and take home bag that they will keep at the end of the week. (There is an additional \$40 food fee to be paid to the instructor at the first class)

Location: Warren Building

Min: 5/Max: 8

1 week

S#	Day	Times	Date	Price
01	Tue-Fri	10 am - 1 pm	Feb 21 - 24	\$120



Why we're better:

Our SAT prep and ACT prep Group Courses offer the most comprehensive, personalized instruction for about half the price of the competition. Our test prep Private Tutoring will not only show you how to best the test, but also how to become a better long-term student.

The best course	Revolution Prep Group Course	Revolution Prep Hybrid Course	Kaplan 1 College Prep Advantage	Princeton Review "Ultimate Class"
Half the price.	\$499	\$799	\$999	\$999
Total live instructional hours (SAT/ACT + Other)	30 hours ³	34 hours ³	27 hours ³	30 hours
Other subjects with live instruction	Booster Classes for A Tests, PSA	P Exams, SAT Subject T (12 hours)	PSAT (9 hours)	-
Proctored practice exams per Course	5	5	4	4
In-home or online private tutoring	-	4	1	-

^{*3} Revolution Prep and Kaplan SAT class students have access to full ACT class instruction and tests, and vice versa without additional charge.

Need-based scholarships are available. Contact Revolution Prep for details.

If you are interested in registering for one of Revolution Prep's SAT programs, please go to revolutionprep.com to claim your spot. Most classes and online strategy sessions fill up quickly. www.revolutionprep.com or (877) 738-7737

<u>WELLESLEY</u>	<u>March</u>	<u> 10th SAT</u>	<u>Class</u>

Jan 21	Sat	9:00AM - 1:00PM	Exam 1
Jan 25	Wed	6:00PM - 9:00PM	Class 1
Jan 28	Sat	9:00AM - 1:00PM	Exam 2
Feb 1	Wed	6:00PM - 9:00PM	Class 2
Feb 4	Sat	9:00AM - 1:00PM	Exam 3
Feb 8	Wed	6:00PM - 9:00PM	Class 3
Feb 11	Sat	9:00AM - 1:00PM	Exam 4
Feb 15	Wed	6:00PM - 9:00PM	Class 4
Feb 18 - 25 No	o Class (Febu	uary Vacation)	
Feb 29	Wed	6:00PM - 9:00PM	Class 5
Mar 3	Sat	9:00AM - 1:00PM	Exam 5
Mar 7	Wed	6:00PM - 9:00PM	Class 6

WELLESLEY May 5th SAT Class

Mar 17	Sat	9:00AM - 1:00PM	Exam 1
Mar 21	Wed	6:00PM - 9:00PM	Class 1
Mar 24	Sat	9:00AM - 1:00PM	Exam 2
Mar 28	Wed	6:00PM - 9:00PM	Class 2
Mar 31	Sat	9:00AM - 1:00PM	Exam 3
April 4	Wed	6:00PM - 9:00PM	Class 3
April 7 No Cla	ass (Good Fri	day Weekend)	
April 11	Wed	6:00PM - 9:00PM	Class 4
April 14	Sat	9:00AM - 1:00PM	Exam 4
April 18 + 21	No class (Apı	ril Vacation)	
April 25	Wed	6:00PM - 9:00PM	Class 5
April 28	Sat	9:00AM - 1:00PM	Exam 5
May 2	Wed	6:00PM - 9:00PM	Class 6



All SAT prep classes are held at the Warren Recreation Building, 90 Washington St Wellesley, MA

Boogie Into Shape with Bitsy

#140401-01

Instructor: Bitsy Graham

Come and experience a complete and comprehensive workout featuring creative choreographed routines done to upbeat and popular tunes. Aerobics, muscle toning, weight training (using light hand and ankle weights), and stretching, all in one very dynamic hour. Getting in shape can and should be fun! Please bring an exercise mat to class.

Location: Warren Building Min: 10/Max: 20

12 weeks

 Day
 Time
 Date
 Price

 Tu & Th
 9 - 10 am
 Jan 3 - Mar 22
 \$195

T'ai Chi for Seniors

#140733-01

Instructor: Josh Fink

T'ai Chi is a state of relaxation of both body and mind. If done regularly, it can improve muscle tone, flexibility, balance, and coordination. Many people find it boosts their energy, stamina, and agility, sharpens their reflexes, and gives a sense of overall well-being.

Location: Warren Building Min: 8/Max: 20

8 weeks

 Day
 Times
 Date
 Price

 Fri
 2 - 3 pm
 Jan 13 - Mar 2
 \$50

Bonnie's Boot Camp

#140406-01

Instructor: Robin Cotoia

An intense 45 minute outdoor (weather permitting) and indoor total body work-out using your own body weight and a jump rope that will blast calories, burn fat, boost your metabolism, and really change your body. YOU WILL GET RESULTS! Beats going to the gym any day! Bonnie's Bootcamp is so much more than just a workout class. It is a lifestyle program that includes motivational emails, as well as Bootcamp approved recipes, nutrition tips, Bootcamp "rules," and Bonnie's Secrets to Success. All fitness levels welcome, exercises can be modified. Please bring a jump rope and yoga mat. Babysitting available! Please contact Bonnie Morrissey directly at bonnie@bonniesbootcamp.com for more info and to reserve your child's spot.

Location: Warren Building Min: 8/Max: 16

8 weeks/2 days per week

 Day
 Time
 Date
 Price

 M/W
 10 - 10:45 am
 Jan 9 - Mar 7 (No class 1/16, 2/20)
 \$225



You can use MasterCard or Visa as payment for your program

Adult Drop-In Sports

Play pick-up games, once a week. There are no referees, this is just a great opportunity to play some pick-up basketball or volleyball. Please check the website for our open gym schedule or call the Rec. office if you have questions regarding the schedule. A suggested \$5 donation to benefit our scholarship fund.

Location: Warren Building

Sport	Day	Time
Women's Basketball	Tue	7 – 9 pm
Co-Ed Volleyball	Thu	7:45 – 9:45 pm
Men's Basketball	Fri	7 – 9 pm

Jazz Aerobics

#140402-01

Instructor: Bitsy Graham

Strong heart, Strong muscles, Strong bones! That's what you get from Jazz Aerobics: 25 - 30 minutes of choreographed, energetic routines to your favorite music from the 60's all the way to Broadway, abdominal and core strengthening, muscle toning, strengthening of legs & arms, balance work, and, of course, stretching and flexibility. Bring hand and ankle weights, and a "can do" attitude!

Location: Warren Building Min: 10/Max: 20

12 weeks, 2 or 3 days per week

 Day
 Time
 Date

 M/W/F
 8:45 - 9:45 am
 Jan 4 - Mar 23

 (No class 1/16 & 2/20)

\$245 for three days per week \$195 for two days per week

Heartbeat for Adults

#140403-01

Instructor: Bitsy Graham

A fully choreographed comprehensive and fast paced fitness program featuring aerobics, core strengthening, upper and lower body toning, balance and flexibility. Come build a stronger heart, stronger muscles, stronger bones and improved brain power. "Younger every day" is our motto.

Location: Warren Building Min: 15/Max: 20

12 weeks, 2 or 3 days per week

<u>Day Time Date</u> Tu/Th/F 6:15 - 7:15 am Jan 3 - Mar 23

\$185 for three days per week \$125 for two days per week

Senior & Healing Yoga

Instructor: Leslie Worris

Discover the joys of Hatha yoga at a gentle, accessible pace. This class is for seniors and those living with a chronic illness. Postures are modified as needed and students are encouraged to work within their limits to build strength, flexibility and improve their balance and posture. Each class incorporates breath work, relaxation and meditation. You will learn stress reduction techniques that will broaden your ability to practice the art of relaxed living. The session can be of benefit to all levels of yoga practitioners, including beginners

Location: Warren Building Min: 8/Max: 1

10	W	eeks
_		

Act. #	Day	Date	Price
140513-01	Tu	Jan 3 - Mar 13	\$115
		(No class 2/14)	
10 weeks		,	
Act. #	Day	Date	Price
140521-01	Thu	Jan 5 - Mar 15	\$115
		(No class 2/16)	

For each class above:

1:45-3 pm

Ashtanga Yoga

Instructor: Julie Pernokas

Ashtanga Yoga is a sequence of poses or postures coordinated with a specialized breathing technique (Ujjayi breath). The powerful sequence is designed to align the body, build strength, tone muscles, and improve concentration. When practiced regularly, students experience the inner calm and lightness of the body, mind and spirit. No previous yoga experience is necessary (it's OK if you can't touch your toes!). All levels are welcome. Please bring a yoga mat and a small towel or strap.

Location: Warren Building Min: 12/Max: 20

10 weeks #140545-01

Day	<u>i ime</u>	Date	Price
M/W/F	9 - 10:15 am	Jan 4 - Mar 16	\$150/1 day
	(No clas	ss No 1/16, 2/20, 2/22, 2/24)	\$240/2 days
			\$275/3 days

9 weeks #140555-01

Day	Time	Date	Price
Tue	7 - 8 pm	Jan 3 - Mar 13	\$115
	•	(No class 1/17 & 2/21)	

Chair/Gentle Yoga

#140514-01

Instructor: Leslie Worris

A can-do class for first-timers, seniors, those with injuries, or anyone living with special challenges, such as limited mobility or recent surgery. For students who find it difficult to transition to and from the floor. We will explore a great variety of Yoga poses, both sitting and standing with a chair assist. Increase flexibility and strength, improve balance, endurance, mobility, circulation and decrease stress. Chair Yoga encourages proper breathing and better posture. Meditation, breath work and relaxation techniques included.

Location: Warren Building Min: 10/Max: 15

10 weeks

Day	Time	Date	<u>Price</u>
Thu	11 am - 12 pm	Jan 5 - Mar 15	\$115
	(No class 2/16)		

Power Yoga Basics

#140505-01

Instructor: Karen McGee

This fun, challenging strength building class is available TO ALL LEVELS. You will be taught a series of strengthening poses that are linked by the relaxing power of the breath. This WARM flowing sequence will have you sweating your stress away... then it's time to hold deep stretches and you dissolve into a state of meditation. This class is geared for folks just starting out or those who wish to MAINTAIN A CONSISTENT LEVEL OF PRACTICE.

Location: Warren Building Min: 7/Max: 15

9 weeks

Day	Time	Date	<u>Price</u>
Thu	9 - 10 am	Jan 5 - Mar 8	\$140
		(No class 2/23)	

Pilates for Athletes

#140562-01

Instructor: Jean Maria Stephens

Pilates is a method of excise which trains the body, increasing strength and flexibility that improves balance, posture, alignment, and muscle control. The principles of Pilates include core strength, spine articulation and elongation, pelvic and shoulder girdle stability, working the body as a whole using the breath. Class can be adapted for all levels of fitness. Exercised will be performed on a mat. Comfortable clothing should be worn to move freely.

Location: Warren Building Min: 10/Max: 16

9 weeks

Day	Time	Date	Price
Thu	7 - 8 pm	Jan 12 - Mar 15	\$110
	·	(No class 2/23)	

Pilates Mat

#140561-01

Instructor: Jean Maria Stephens

Pilates is a method of excise which trains the body, increasing strength and flexibility that improves balance, posture, alignment, and muscle control. The principles of Pilates include core strength, spine articulation and elongation, pelvic and shoulder girdle stability, working the body as a whole using the breath. Class can be adapted for all levels of fitness. Exercised will be performed on a mat. Comfortable clothing should be worn to move freely.

Location: Warren Building Min: 10/Max: 16

7 WCCRS			
Day	Time	Date	Price
Thu	6 - 7 pm	Jan 12 - Mar 15	\$110
	•	(No class 2/23)	

Piano Lessons

(Age 16 - Adult)

#145801-01

Instructor: Dave Medeiros

An introduction to musicianship through piano/keyboard, these are absolute beginner lessons focusing on the fundamentals of music theory, note reading and independent hand coordination. Building from easy traditional melodies, students will venture into popular, boogie and blues styles. Songbook and handouts provided.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day Price Jan 23 - Mar 19 7 - 8 pm \$115 Mon (No class 2/20)

Play Piano By Ear

#145811-01

Instructor: Valerie Lyons

After the Instant Piano class, return for this follow-up class if you want to learn to play piano by ear. Professional piano players don't need sheet music, and neither will you after this session. Learn how to pick out melodies on the piano--and then add the correct chords to make the music complete. You'll get an extensive book plus a CD that has 15 sample songs for you to learn to play by ear. You won't get this information from music teachers. It's all the music theory you need to succeed, gently explained and simplified for the nonmusician. You'll be amazed at what you can do. Whether you want to be able to jam with other musicians or just save money on sheet music, you'll learn it all in this one class. Also suitable for guitar players and other chord instruments. Instant Piano (or prior chord knowledge) recommended before taking this course. Required course book and CD will be provided by instructor for additional \$30 fee.

Location: Warren Building Min: 3/Max: 25

1 class

Day Date Price Time Mon 6:30 - 9:30 pm Mar 12 \$75

Instant Piano (For Hopelessly Busy People)

#145810-01

Instructor: Valerie Lyons

Music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just three hours, you can learn enough secrets of the trade to give years of musical enjoyment. The difference is, regular piano teachers teach note reading, while piano playing professionals use chords. In one session you will learn all the chords you need to play any song, any style, any key. You'll learn how to play several songs in class, and then perfect your technique at home using an exclusive CD specially designed by the instructor. Its easy, fun and musically correct! If you can find middle C and know the meaning of "Every Good Boy Does Fine" you already know enough to enroll in this workshop. After this one session you can go home and play any song from any piece of sheet music or songbook. Required course book and CD will be provided by instructor for additional \$30 fee.

Location: Warren Building Min: 3/Max: 25

8 weeks

Day	Time	Date	<u>Price</u>
Mon	6:30 - 9:30 pm	Jan 23	\$75



Guitar: Beginning (Age 16 – Adult)

#145802-01

Instructor: Dave Medeiros

Whether you're an absolute beginner or someone who can strum a few chords or songs, you'll enjoy learning to play the guitar. Our easy approach makes

it fun. Instruction will focus on basic theory, reading chord forms, strum patterns and picking styles, and how they apply to popular songs in the folk, rock, blues and country idioms. A limited number of guitar rentals are available at an additional cost of \$50 (for the duration of the course) payable to Dave at first class. Please reserve your guitar when you register.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day Date **Price** Jan 23 - Mar 19 \$115 6 - 7 pm Mon (No class 2/20)

Guitar: Continuing (Age 16 - Adult)

#145803-01

Instructor: Dave Medeiros

Instruction will continue with theory, note reading and chord forms. We will concentrate on more complex strum patterns, right hand rhythms, and moving bass lines with chord accompaniment and melody. These techniques along with some classic guitar riffs should have you ready for open mic night! Continuing students should have completed "Beginning Guitar" or have knowledge in sight-reading and chord forms. Min: 5/Max: 10

Location: Warren Building

8 weeks Time Date Price Price 8 - 9 pm Jan 23 - Mar 19 \$115 (No class 2/20)

Day

Mon

Capoeira

#141889

Instructor: Antonio Campos Soares Sortland (Mestre Bocoio)

Capoeira is a Brazilian martial art that works the whole body. It includes music, dance, and self-defense. Each class offers warming up and stretching before working on the various capoeira movements.

Location: Warren Building Min: 2Max: 10

10 wee	eks per ses	sion		
S#	Day	Times	Date	Price
01	Tue	5:30 - 6:45 pm	Jan 3 - Mar 13	\$260
			(No class 2/21)	
02	Thu	7 - 8:15 pm	Jan 5 - Mar 15	\$260
			(No class 2/23)	

Ballroom: Introduction

#144007-01

Instructor: Carol Lanzillo,

Arthur Murray Dance Studio of Natick

We will teach you the basic fundamentals of ballroom dancing; learn how to lead, follow and feel great on the dance floor. You will also learn about timing, rhythm and posture. We will Swing, Tango, Foxtrot & Rumba the weeks away. Add passion and excitement to your life today! Please bring leather-soled shoes.

Location: Warren Building Min: 10/Max: 20 cpl.

8 weeks

Day Time Price Jan 9 - Mar 12 Mon 7-8 pm \$160/cpl. (No class 1/16 & 2/20)

Aikido

#141888

Instructor: David Halprin, Framingham Aikikai

Aikido is the traditional Japanese martial art of movement and power. Its characters translate as "the way of unity with the fundamental energy of the universe". Aikido is a highly effective form of self-defense that teaches how to subdue even a much larger aggressor using minimum effort. It improves physical conditioning - strength, balance flexibility, and coordination - and mental conditioning - self-confidence, concentration, alertness, intuitiveness and concern for others. Aikido teaches how to blend with an attack, and neutralize it without relying on brute strength. Aikido practice is non-competitive, and students work together to master its techniques.

Location: Warren Building Min: 6/Max: 15

10 weeks

Date **Price** Day Time Jan 4 - Mar 14 \$120 Wed 7 - 8 pm (No class 2/22)

Belly Dance

#144001-01

Instructor: Nepenthe Ahlam

Learn the women's dance from the Middle East that is popular worldwide. Students will learn the movements and musicality rooted in the traditions of

Egypt and beyond.

Location: Warren Building Min: 10/Max: 20

10 weeks

Day Date **Price** Time Wed 7:45 - 8:45 pm Jan 4 - Mar 14 \$90 (No class 2/22)

Zumba: Wednesdays

#144006-01

Instructor: Tracey Giorgio

Come join a Latin dance inspired fitness class that will be sure to get your hips moving! You will learn basic dance step patterns such as Samba, Salsa, Merengue, Cha-Cha and more. You'll be sure to sweat away some pounds and stress while moving to intoxicating Latin beats. No partner or dance experi-

ence necessary.

Location: Warren Building Min: 10/Max: 20

8 weeks

Day Time Price Jan 11 - March 7 Wed 7 - 8 pm \$180 (No class 2/22)

Ballroom: Intermediate

#144007-02

Instructor: Carol Lanzillo,

Arthur Murray Dance Studio of Natick

This class is for any student that has had prior ballroom dance training or taken the Introduction course that is offered through Wellesley Recreation. This intermediate class is designed to help you advance with your dancing and skill level by teaching you more difficult steps and technical components.

Please bring leather-soled shoes.

Location: Warren Building Min: 10/Max: 20 cpl.

8 weeks

Day Price Jan 9 - Mar 12 Mon 8 - 9 pm \$160/cpl.

(No class 1/16 & 2/20)

Irish Step Dancing for Adults

#144013-01

Instructor: Bonnie Severance

You know you've always wanted to try it! Come and celebrate Irish culture through the art of step dance. This is a non-competitive class geared for fun and exercise. Students will develop skills in solo step dancing, as well as ceili (team) dancing. Ladies may start out in black ballet slippers. Men may wear a basic black jazz shoe or sneaker. Please wear T-shirt and

shorts or leggings.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day Time Date Price Jan 21 - Mar 24 Sat 1 - 2 pm \$90 (No class 2/18, 2/25)

Healthy Cooking & Pottery

Healthy Eating Demonstration

#143790-01

Instructor: Healthy Habits Kitchen

Learn how to cook and eat healthy for your busy lifestyle! In this 2 1/2-hour cooking demo and workshop, you'll learn just how easy, affordable and tasty healthy eating can be. You'll discover simple ways to balance your plate using seasonal ingredients and how to lighten up your families favorite recipes. Healthy eating and cooking doesn't have to be difficult or expensive! A seasonal meal will be cooked in front of you and tasty samples will be available. Let Healthy Habits Kitchen get you on the way to looking and feeling your best through better nutrition. Price includes food fee.

Location: Warren Building Min: 6/Max: 10

1 class

Day	Time	Date	Price
Mon	7 - 9:30 pm	Jan 23	\$75

How to Create Healthy Crockpot Meals

#143789-01

Instructor: Healthy Habits Kitchen

Do you have a Crockpot that's collecting dust because you don't know what to do with it or, have you always envied your friends who come home in the winter to a hot, healthy and home cooked meal? Wellesley's very own, Sue Schochet from Healthy Habits Kitchen, is coming to the rescue to solve your dinner dilemma with time and money-saving solutions! You will learn general healthy eating concepts and what ingredients work well for slow cooking. You'll also assemble and take home a ready-to-cook Crockpot meal that night and one you can freeze for later. Price includes food fee.

Location: Healthy Habits Kitchen - 36 Washington St/#2

Min: 6/Max: 10

1 class

<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Mon	7 - 9:30 pm	Feb 6	\$100
02	Mon	7 - 9:30 pm	Mar 5	\$100

Mother & Teen Cooking Classes



Instructor: Vanessa LaBranche

Join Chef, Vanessa LaBranche in this fun, two class series as she shares her knowledge of great recipes for mother's and daughter's to try at home. You will learn simple, but delicious meals you will want to make again and again. Recipes include, Asian Potstickers, Peanut Butter Bread & more. Enjoy family time together in the kitchen and discover fresh and easy ways of basic cooking!

Location: Warren Building Min: 6/Max: 10

2 classes

Day	Time	Date	Price
Mon	6:30 - 9:30 pm	Feb 6 & Feb 13	\$130



COOKING CLASS REFUND POLICY

No refunds for cooking classes if you withdraw 3 business days or less before that first class. If you withdraw from a cooking class 4 business days or more before the 1st class. there will be a \$20 administrative fee.

Wellness with Primary Food



Instructor: Dina Martinez

Remember when we were kids and mom will call us in for dinner? Our response was "I'm not hungry" because we were happy playing, talking, interacting with friends and laughing, That is Primary Food things that makes us happy, make us feel really good and healthy. When we give our bodies PF we can avoid using food for comfort when we feel over worked, tired, busy, alone, or feel lost. This class will show you how to create Primary Food in your daily life so you can give it to your loved ones, co-workers, friends, family and most importantly yourself. Come join me for this fun and exciting class full of Primary Food.

Location: Warren Building Min: 8/Max: 25

1 class

1 61055				
Day	Time	Date	Price	
Wed	7 - 8:30 pm	Jan 11	\$30	



Pottery for Adults

#143406-01

Instructor: Ramune Jauniskis

Students will have the opportunity to learn the basics of hand building and wheel throwing. You will be encouraged to explore your own interests and work on your own individual project. All pieces will be kiln fired.

Price include supplies

Location: Warren Building Min: 6/Max: 8

Day	Time	Date	Price
Thu	6:30 - 8:30 pm	Jan 19 - Mar 1	\$185
	·	(No class 2/23)	

Sew A Holiday Stocking or Pillow!

#141445-01

Instructor: Abby Glassenberg of Sew Easy

Brush up on your sewing skills while making a beautiful one-of-a-kind Holiday Stocking or Pillow! We will use an array of beautiful wool felt and embellishments to make this unique, easy to sew stocking. This project is perfect for all skill levels and uses a combination of machine and hand-sewing. Create a very special and unique family heirloom! (There is a \$10 supply fee due to the instructor at the first class). There are NO REFUNDS if you withdraw 5 business days or less before the start of the class.

Location: Sew Easy 159 Linden St 3C

Max: 8 2 classes

Day	Date	Time	Price
Thur	Dec 1 & 8	10:00-12:30	\$55

Painting Floorcloths

#141477

Instructor: D'Ann Hansen

Students will be led step-by-step through the process of creating a 20" x 32" piece of art you can actually walk on! A floorcloth is made of simple materials-canvas, paints and sealant. The painting techniques used in this class are fun and easy to do. Choose a design from one of the samples or bring your own ideas. Painting floorcloths is a wonderful form of self-expression. All materials included.

Location: Warren Building Min: 6/Max: 8

5 weeks

Section	Day	Date	Time	<u>Price</u>
01	Tue	10 am - 12 pm	Jan 17 - Feb 14	\$180
02	Wed	10 am - 12 pm	Jan 18 - Feb 15	\$180

Fused Bowls

#141436-01

Instructor: Michel l'Huillier

In this 2 hour workshop you'll learn the basics of glass fusing techniques and play with colored glass powders and frits, stringers and glass pieces. After a series of fun exercises, you'll design and create one 8x 8 plate or 8' diameter bowl using the techniques learned. These pieces will be fused flat first and then "slumped" in a second firing to give them their final shapes. The fused pieces will be available at the Wellesley Recreation's office within a week after the class. Michel L'Huillier, your instructor will provide you with all the tools and materials necessary. A \$ 85.00 materials fee per participant is payable to the instructor at the time of the class. Bring safety glasses and wear closed toe shoes. Stained Glass Refund Policy. If you withdraw 5 business days or less there is a \$85 non refundable deposit. Withdraw prior to five business days, there will be no refund, if you withdraw more than 5 days in advance, Well. Rec refund policy applies.

Location: Warren Building Min: 8/Max: 10

1 week

1 WOOK				
Day	Time	Date	Price	
Sat	10 am - 12 pm	Jan 21	\$45	

Know Your Sewing Machine

#141444-01

Instructor: Abby Glassenberg of Sew Easy

Do you own a sewing machine and it's still in the box? Fear no more! Bring your machine in to class with all of its attachments, power cord and manual and learn all you need to know to get yourself started with basic sewing. Learn how to set it up, threading, basic stitches, the correct way to change a needle and much more. Then practice your skills on a quick, easy project will enhance your confidence and you will be well on your way! (There is a \$10 supply fee due to the instructor at the first class). There are NO REFUNDS if you withdraw 5 business days or more less the start of the class.

Location: Sew Easy 159 Linden St 3C

Max: 8 1 class

Day	Date	Time	Price
Thur	Jan 12	10:00-12:30	\$55

Adult Painting & Drawing

#141476-01

Instructor: D'Ann Hansen

Both beginning and advanced students will enjoy this relaxing workshop to paint with professional grade acrylics on high quality paper. We will study the works of modern masters or contemporary painters for inspiration. Students will be supported throughout the drawing and painting process to create two rich and textured works of art. All materials included.

Location: Warren Building Min: 6/Max: 8

5 weeks

Day	Date	Time	Price
Tue	7 - 9 pm	Jan 17 - Feb 14	\$195



Stained Glass

#141435-01

Instructor: Michel l'Huillier

In a relaxed atmosphere, learn the copper foil method and create a stained glass panel (approximately 1 to 2 square feet). Learn to cut glass accurately, foil and solder. Put your creativity to the test, transform your ideas in quick sketches; from there, develop a full scale "cartoon" and then bring it to life with colors and textures. Safety note: bring safety glasses and wear closed toes shoes. Stained Glass Refund Policy. If you withdraw 5 business days or less there is a \$85 non refundable deposit. Withdraw prior to five business days.

Rec. Dept. refund policy applies.

Location: Warren Building Min: 8/Max: 10

Day	Time	Date	Price
Thu	9:30 am - 1 pm	Jan 12 - Feb 9	\$100

Health & Enrichment Classes

Clutter Control

Instructor: Randa Sununu

In this class you will learn 3 basic principles, which can guide you to manage the clutter in your life, so that you can organize it, sell it or give it away to someone who values it, or get rid of it. You will be given many more useful tips about how to de-clutter any space, make decisions about your clutter that you won't end up regretting, let go of the attachments that fuel your tendency to clutter in the first place, and develop new no-cluttering habits that last. You will also learn a few things about feng shui (the Chinese art of placement), and ways to create a beautiful and conscious environment that nurtures you. Participants are entitled to a free 30 minute private consultation.

Location: Warren Building Min: 8/Max: 15

1 class

Section	Day	Time	<u>Date</u>
#142622-01	Thu	10 am - 12 pm	Jan 19
#142622-02	Sat	11 am - 1 pm	Mar 10

For each class above:

\$35 per class



For all weekend classes...
In case of inclement weather, all Saturday classes will be cancelled the Friday before the scheduled class.

Superior Way of Eating

Instructor: Randa Sununu

Did you know that the raw diet will promote maximum health? Did you know that food is medicine and that many conditions can be reversed through right diet? Do you know how to not destroy all the vitamins, minerals and enzymes in food when preparing meals? How do you transition to a healthy diet in a sensible and easy way? What are the principles of proper food combining? What percentage of your calories should come from carbs, fats and proteins? How can you make your own healthy, delicious and satisfying meals from scratch in 50 minutes total or less a day? How many meals a day are optimal? When are the best times to eat for best digestion and deep cleansing? What quickens elimination? You will learn the answers to these questions and more in this workshop. The information you will receive is cutting edge. You will get useful handouts and be able to sample healthy food and drink on the house.

Location: Warren Building Min: 8/Max: 15

1 class

Section	Day	Time	Date
#142631-01	Thu	10 am - 12 pm	Jan 12
#142631-02	Sat	12 - 2 pm	Feb 11

For each class above:

\$45 per class

Fat Loss: The Fit, Fast, and Healthy Way

Instructor: Randa Sununu

This class will teach you how to work with the body's metabolism to trigger fat loss. We will show you the principles you will need if you are serious about fat loss and building muscle at the same time. The best part of the system is that you will start losing fat right away, and at an incredible rate. Some other amazing benefits are a stronger heart, more powerful lungs, a disease-resistant immune system, and increased energy levels. This program only requires 12-20 minutes of your time every other day, with the key being in how you go about exercising, not what kind of exercise you do. By learning how the body goes about burning fat, you can work with your body's metabolism to lose the fat.

Location: Warren Building Min: 8/Max: 15

1 class

i ciass			
Section	Day	Time	<u>Date</u>
#142617-01	Sat	11 am - 1 pm	Jan 28
#142617-02	Thu	10 am - 12 pm	Feb 9

For each class above:

\$55 per class

Secret Success Skills

Instructor: Randa Sununu

A 2 hour workshop in which you will learn the secret skills to being successful, regardless of what area of your life you apply them. You will be amazed at the potential results. In the process of applying them, you will learn to build new habits and break old ones, which will only contribute to your success. Do you want to learn how to make the best use of your time and not waste it on unimportant things, thereby becoming much more efficient? Do you want your self-esteem and self-confidence to increase exponentially? Do you want your income to really improve? Do you want to feel more motivated to tackle projects, and accomplish much more in a day or a week or a month than you ever dreamed was possible? Do you want to feel better, more energized, and happier overall? If you are clear your answer is YES, then this is one workshop you want to sign up for! You will get useful handouts, and one free 30 minute private consultation.

Location: Warren Building Min: 8/Max: 15

1 class

Section	Day	Time	<u>Date</u>
#142630-01	Sat	11 am - 1 pm	Feb 4
#142630-02	Thu	11 am - 1 pm	Mar 1

For each class above: \$55 per class



REGISTRATION BEGINS:

Tuesday, December 6th for Residents

Tuesday, December 13th for Non Residents

Mentoring & Personal Pursuits

Mentoring Your Teen.... Through College Years & Beyond

NEW

#142677-01

Instructor: Nancy Levonian

For parents of 7th to 11th graders who want to learn about how to help their students have exciting, fulfilling, and interesting high school careers, leading to college success. This seminar covers the college admissions process and how to reduce stress by planning ahead. Learn how to help your teenager become independently motivated, articulate, and genuinely interested. Learn the mentoring skills needed to turn your child's dreams into achievable goals, and how to build an adventurous attitude into your teen's life. Finally, we discuss the character traits like enthusiasm, initiative, inclusiveness, sensitivity, and broad-mindedness that are valued by colleges.

Location: Warren Building Min: 8/Max: 12

3 classes

Day	Time	Date	Price
Sat	10 am - 1 pm	Jan 7. Feb 4 & Mar 3	\$199

How To Maximize Your Potential



#142675-01

Instructor: Dina Martinez

Have you ever asked yourself, "How Do I Continuously Reinforce This New Way of Being?" when you have reached that goal, how do you continue living it? How do you continue being in a good place? How do you? This class, it's all about how to train your mind, because our minds are restless and thirsty for knowledge in matters of the heart, soul, spirituality, love, self care, and so on. We all have within us a deep sense of what we need and what is right and true for us, I invite you to join me in this class and share our abilities to maximize our lives within.

Location: Warren Building Min: 8/Max: 25

1 class

Day	Time	Date	Price Price
Thu	7 - 8:30 pm	Jan 19	\$30

Skin Care & Makeup

#142688

Instructor: Joyce Boiardi

This class is for everyone, teen to 92! Did you know your makeup is only as good looking as the canvas you put it on? The multi-class workshop will focus on Skin Care Analysis emphasizing skin type analyzing and care. As well as Foundation & Blush, Eyes & Lips, False Eye lashes and Final Touches. Find out what you are doing correctly and how you may improve upon what you are doing. Let your skin be its best. You may register for all 5 classes or individual ones. There is a supplies list that will be sent to you after registration. Bring a mirror and what you are using on your skin. Do not wear makeup.

Location: Warren Building Min: 4/Max: 10

Section	Day	Time	<u>Date</u>
Skin Analysis	-		
01	Wed	7 - 9 pm	Jan 18
Foundation & Blus	h		
02	Wed	7 - 8:30 pm	Jan 25
Eyes & Lips			
03	Wed	7 - 8:30 pm	Feb 1
False Eyelashes			
04	Wed	7 - 8:30 pm	Feb 8
Final Touches			
05	Wed	7 - 9 pm	Feb 15

For each class above: \$35 per class \$145 for all 5 classes







Overcoming Personal Roadblocks To Career Success



#143872-01

Instructor: Kim Meninger

This course is designed to help individuals identify personal roadblocks that are inhibiting a job search or career transition, such as lack of clarity, negative beliefs, and fear. Through exercises and discussion, students will learn specific techniques to overcome these obstacles and develop clear, measurable goals to keep them focused on their next steps.

Location: Warren Building Min: 5/Max: 20

1 day

Day	Time	Date	<u>Price</u>
Wed	7 - 9 pm	Feb 29	\$80

Alexander Technique

#142602-01

Instructor: Jill Geiger

Interested in improving your posture, moving with ease and reducing stiffness, pain and tension? Whether you're walking, running, driving or sitting at a computer you're "using" yourself. Poor posture, stress and neck/back/shoulder pains are often caused by unrecognized habits of tension or "misuse." Alexander Technique is a practical, educational method that provides the means to restore the good posture, balance and poise we are normally all born with. By learning how to recognize and unlearn habits of misuse, people of all ages can reduce tension and stress, and experience lasting relief from chronic pain. This class will introduce the technique: its history, principles and application to every-day activities. Class includes one private lesson.

Location: Warren Building Min: 4/Max: 12

Day	Time	Date	Price
Thu	7:30 - 9 pm	Jan 12 - 19	\$45

Messages from Heaven, Enrichment & Safety

Messages from Heaven

#143803-01

Instructor: Gayle Kirk

Attend a program very similar to John Edward's TV show "Crossing Over". In this inspiring and educational program, professional Psychic and Medium Gayle Kirk will offer loving, healing messages from your family, friends, and pets in Heaven and positive, empowering psychic guidance for the majority of the program for some people. Participate in a fascinating and informative talk about the Other Side. Learn about the different signs and various ways your loved ones in Heaven try to communicate with you. You will be amazed! For more information, please see www.GayleKirk.com

Location: Warren Building Min: 10/Max: 25

1 day

 Day
 Time
 Date
 Price

 Fri
 7 - 9 pm
 Mar 23
 \$45

Social Media For Business

#143569

Instructor: Karen Wallingford

Are you a small business owner or entrepreneur looking to give yourself an edge by joining the Social Media world? Come learn how to navigate Facebook, Twitter, Linked In and You Tube and connect them. You will optimize your web presence and marketing/branding strategy. If you don't think you need it, you're wrong!

Location: Warren Building Min: 6/Max: 15

1 day

Section	Day	Time	Date	Price
01	Wed	7:30 - 9 pm	Feb 8	\$65
02	Sat	7:30 - 9 pm	Feb 11	\$65

Social Media For Fun

#143566

Instructor: Karen Wallingford

Want to reconnect with an old friend? See photos of your long distance family & remember birthdays? Provide real time updates to the ones you love? Come learn how to be a part of the social media world with as much of a presence as you are comfortable with. You will learn how to create and manage accounts, share photos and updates, and set privacy settings, while HAVING FUN staying connected!

Location: Warren Building Min: 6/Max: 15

1 day

Section	Day	Time	Date	<u>Price</u>
01	Mon	7:30 - 9 pm	Feb 13	\$70
02	Mon	7:30 - 9 pm	Feb 27	\$70

Secrets of A Professional Organizer



#143177-01

Instructor: Lauren Zalkind

Location: Warren Building

Learn time -tested organizing strategies and fast fixes that will take your space from crazy and cluttered to calm and collected. Getting organized is

Min: 6/Max: 15

easy once you learn the secrets of a professional organizer.

1 class

 Day
 Date
 Time
 Price

 Tue
 10:30 - 11:30 am
 Mar 13
 FREE

First Aid & CPR

#131502-01 (Age: 16+)

Instructor: Juanita Allen

The Heartsaver CPR Course teaches lay rescuers how to recognize and treat life-threatening emergencies, including cardiac arrest and choking or adult, child and infant victims. Students also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. This course is intended for all lay rescuers, such as employees in the workplace, day care employees, baby-sitters, firefighters, police, airline personnel, security guards, family members of patients at high risk for sudden cardiac death, other lay rescuers, and those who may have a need to respond to an emergency. Upon completion, participants will receive a 2 year certification in Adult & Pediatric CPR.

Location: Warren Building Min: 6/Max: 12

1 day

Day	Time	Date	Price Price
Wed	5 - 8:30 pm	Feb 1	\$85

e-Marketing for Business.

#143567

Instructor: Karen Wallingford

The constantly changing landscape of the world wide web can make it difficult to rank on google's first page and inspire interaction from your audience. In this class, we will talk about how to increase the likelihood your site ranks well, how to establish an e-newsletter, the power of blogging and search engine optimization.

Location: Warren Building Min: 6/Max: 15

1 day

Section	Day	Time	Date	Price
01	Wed	7:30 - 9 pm	Mar 7	\$70
02	Sat	12 - 1:30 pm	Mar 10	\$70

Mark Your Calendars!

Wellesley Recreation Department OPEN HOUSE - March 25th 12 - 2 pm...Lots of cool stuff!

Puppy Kindergarten (3-6 months)

#144601-01

Instructor: Dot Baisley

This covers basic obedience and socializes the puppy to other dogs and people. Getting your pup off to the right start means fewer training problems later. Please bring a certificate or veterinarian bill confirming that the puppy is up to date on all shots, i.e. rabies and distemper. At time of registration, please give name, age, & breed of dog. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend.

Location: Warren Building Min: 6/Max: 10

6 weeks

Day	Time	Date	Price
Mon	6:30 - 7:20 pm	Jan 23 - Mar 5	\$115
		(No class 2/20)	

Dog Obedience (6 months and up)

#144602-01

Instructor: Dot Baisley

This course covers basic obedience including sit, stay, come, and heel. Training is gentle and motiva-

tional, and specific attention is given to individual problems. Teaching tricks and general care will also be covered. Please bring a certificate or veterinarian bill confirming that the dog is up to date on all shots, i.e. rabies and distemper. At time of registration, please give name, age, & breed of dog. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend.

Location: Warren Building Min: 6/Max: 12

6 weeks

Day	Time	Date	<u>Price</u>
Mon	7:30 - 8:20 pm	Jan 23 - Mar 5	\$115
		(No class 2/20)	

Dog: Fun and Games

#144603-01

Instructor: Dot Baisley

A class designed for dogs and owners who are looking for a bit more than basic obedience. Using games and fun activities to enhance the practical use of those cues learned in good

manners and puppy classes. New cues will be added to the dogs repertoire while learning in a fast paced and exciting environment. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend. No age requirement but a knowledge of basic obedience is highly recommended.

Location: Warren Building Min: 6/Max: 10

6 weeks

Day	Time	Date	Price
Mon	8:30 - 9:20 pm	Jan 23 - Mar 5	\$115
		(No class 2/20)	

Beginner Bridge

#144155-01

Instructor: Anand Lele, ACBL Accredited

The emphasis in this class will be on learning the logic associated with "The Standard American 5 Card Ma-

jors" bidding system. Every session will include instruction followed by supervised bidding and play. Comprehensive and easy to understand

handouts will be distributed.

Location: Warren Building Min: 10/Max: 20

8 weeks

Day	Time	Date	<u>Price</u>
Wed	10 am - 12 pm	Jan 11 - Mar 7	\$115
	·	(No class 2/22)	

Advanced Beginner & Intermediate Bridge

#144103-01

Instructor: Dee Roberts

These are lessons for advanced $\,$ beginner to intermediate players only who

have taken lessons with instructor Dee Roberts. Location: Warren Building Min: 10/Max: 20

6 weeks

Day	Time	Date	Price
Tue	10 - 11:45 am	Jan 3 - Feb 7	\$65

Bridge: Conventions

#144105-01

Instructor: Anand Lele, ACBL Accredited

Advance your game of bridge by learning the com-

monly used conventions. An understanding of the use of these conventions will help to improve your Bridge techniques. Each session will consist of instruction followed by Supervised Play with some prearranged hands.

Location: Warren Building Min: 10/Max: 20

8 weeks

Day	Time	Date	Price
Fri	10 am - 12 pm	Jan 13 - Mar 9	\$115
		(No class 2/24)	

Bridge: "Play of the Hand"

#144110-0°

Instructor: Anand Lele, ACBL Accredited

This class is for those who have acquired the basic knowledge of the game, and now want to learn about the various techniques associated with the "Play of Hands." Each session will include instruction followed by supervised play with emphasis on improving your "Thinking at the Table."

Location: Warren Building Min: 10/Max: 20

	•		
Day	Time	Date	Price
Thu	10 am - 12 pm	Jan 12 - Mar 8	\$125
		(No class 2/23)	

The College Search: Admission, Merit Money & Financial Aid

#143601-01

Instructor: Larry Dannenburg

If you have a high school student you can't afford to miss this seminar. We will show you how to choose the school that is the right fit for your child as we walk you through the admissions process. See how the financial aid process works and how you can improve your position. This seminar is particularly important if your student is at the top of the class, has learning disabilities, is an athlete, or is average. See how starting the process early can offer significant advantages, especially for business owners, divorced parents, or home schooled children.

Location: Warren Building Min: 6/Max: 12

1 day

Day	Time	Date	Price
Tue	7 - 9 pm	Jan 17	\$45



Keep Up With Rising College Costs: 529 College Savings Plan

#143699-01

Instructor: Stuart Paap

Learn how a 529 plan can help fund education expenses for your children or grandchildren. We'll discuss the tax and estate planning benefits that can make 529 plans a smart investment strategy.

Location: Warren Building Min: 8/Max: 10

1 Class

S#	Day	Times	Date	Price
01	Wed	12 - 2 pm	Mar 7	FREE
02	Wed	7 - 9 pm	Mar 7	FRFF

Make A Will for Parents

#143669-01

Instructor: Shani Rea Collymore, Esq.

Parents of young children need a Will more than anyone else, but are least likely to have one. It is important to protect minor children by appointing a guardian of your choice, not one chosen by the Probate Court, and to protect your children's inheritance by creating a trust for their benefit. Get an overview of estate planning and probate administration in Massachusetts, including the pitfalls of not having a will. Learn how to protect your family!

Location: Warren Building Min: 6/Max: 12

2 classes

Day	Time	Date	Price
Tue	7 - 9 pm	Jan 24 & Feb 28	\$100/cpl
			\$60/nn

Downsizing

#143662-01

Instructor: Marie Presti

Thinking of downsizing but don't know all the options? When you're at the point where you're all alone in a house, or the costs and effort to maintain your home are more than you can handle, you may want to consider downsizing. But how to do you do it? Where should you go? A condo, smaller home, or retirement community? Do you sell first and then buy a smaller home? Or vice versa? Stay in town, or move south? Listen to experts talk about the options, the process, and the financial considerations to downsizing, so when you're ready, you can make a more informed decision.

Location: Warren Building Min: 6/Max: 12

1 day

Day	Time	Date	Price
Tue	4:30 - 7:30 pm	Mar 13	\$25

First Time Home Buyers



#143649-01

Instructor: Marie Presti

Now's the time to get an overview of the entire home-buying process, from selecting a real estate agent and obtaining favorable financing to hiring an attorney to protect your investment. This course's unbiased, comprehensive approach might very well help you avoid disastrous situations involving the loss of hard-earned deposits, or homes with latent defects such as termites, lead paint, or water damage.

Location: Warren Building Min: 6/Max: 12

1 day

Day	Time	Date	Price
Tue	6 - 9 pm	Jan 10	\$25

6 Steps to Effective Estate Planning

#143644

Instructor: Stuart Paap

Did you realize that having a "homestead" designation on your residence in MA can often protect up to \$500,000 of its value from creditors? That there is often a way to avoid probate on your bank accounts at no cost to you? Or that the way the title is held on your property can have everything to do with how secure it is against possible legal claims? Whether you're just beginning to think about your financial health or looking for some updating, this workshop will provide you with valuable information you can benefit from immediately. Cover ways to protect and grow your assets, control cash flow, manage taxes, save for retirement and even leave something behind, should you choose.

Location: Warren Building Min: 8/Max: 10

l Class

I Class	S			
<u>S#</u>	Day	Times	Date	<u>Price</u>
01	Tue	7 - 9 pm	Jan 17	FREE
02	Wed	7 - 9 pm	Feb 15	FREE
03	Wed	7 - 9 pm	Mar 14	FREE

Public Speaking, Technology & Marketing

Get the Most Out of Your Digital Camera

#143901-01

Instructor: Phyllis Mays



Whether you just bought your digital camera or you have been using it as a point and shoot for a year or two, you can expand your digital photography skills in this class. Learn what's inside the camera, how to maximize its options, and how to adjust settings for the best results. One meeting will focus on editing techniques, another on getting good prints. Explore various ways to move photos to your PC. Finally, we will create online photo albums to share with family and friends. Students should be familiar with computer basics. Please bring your camera, cable and manual to class. Please be sure batteries are freshly charged.

Location: Warren Building Min: 4/Max: 6

4 weeks

Day	Time	Date	Price
Tue	10 am - 12 pm	Jan 31 - Feb 28	\$150
	·	(No class 2/21)	

Voice-Overs: You're On the Air

143502-01

Instructor: Such a Voice

Voice-overs are hot today! In this class you'll learn

about an exciting new way to get around the competition and actually turn voice-overs into a thriving full or part-time business! We will talk about the numerous opportunities, the income potential, and the all-important demo and how to have it produced. You'll step up to the microphone to do some practice recording, and best of all, hear the results!

Location: Warren Building Min: 7/Max: 15

1 day

Day	Time	Date	Price
Mon	7 - 9 pm	Mar 5	\$45

Short Films Writing

#143913-01

Instructor: ALB Production House

This class will get you ready to launch your first film script. You'll learn the basics, watch some great shorts, and have a lot of fun in the process. So, let your inner writer come out and start to frame your idea from the page onto the screen. At the end of this class you will have a logline and a synopsis to start you out the path to writing your first original script. Please bring laptop or iPad. Location: Warren Building Min: 5/Max: 18

1 Class

1 01033				
Day	Time	Date	Price	
Tue	6:30 - 8 pm	Jan 10	\$65	

On Camera Delivery & **Public Speaking**

#143912-01



perfect your public speaking ability. This is a great class for future journalists.

people looking to add video content of themselves to their blog, and anyone

interested in capturing an audience. Special attention will focus on dynamic

Min: 5/Max: 18

delivery and focused storytelling.

Location: Warren Building

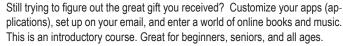
1 Class

Day	Time	Date	Price
Tue	6·30 - 8 nm	lan 3	\$65

Hello iPad & iPad2!

#143914-01

Instructor: ALB Production House



Location: Warren Building Min: 5/Max: 18

1 Class

Day	Time	Date	Price
Thu	6:30 - 8 pm	Jan 12	\$65

Self Marketing Workshop: For Professionals. **Entrepreneurs & Small Business**

#143588

Instructor: Stuart Paap

Public Speaking can be fun; however, it's more effective when it has a purpose. Whether your goal is to increase sales, motivate your staff, or learn a valuable new skill - public speaking is the most powerful free marketing tool available. In part 1 of this two day workshop, you will hear "tried-and-tested" lessons that any public speaker must know. In part 2 of this workshop, Stuart will help you create a personal mission statement that will get you attention and make a memorable impact. Filled with personal stories, inspirational anecdotes, professional triumphs (and failures), this workshop is a must for veterans and novices alike.

Location: Warren Building Min: 8/Max: 10

2 Classes per section

2 olusses per section					
<u>S#</u>	Day	Times	Date	Price	
01	Tue	7 - 9 pm	Jan 3 - 10	\$60	
02	Tue	7 - 9 pm	Mar 6 - 13	\$60	



"From Russia with Love: A Walking Tour of Russian Cuisine

#143705

Instructor: Ahla Food Tours

Take a shopping tour at Whole Foods Market; learn how to make traditional Russian dishes and the unique Russian ingredients that can spark up your everyday meals. Visit the treasured Russian food store Babushka Deli and Vernissage restaurant, discover "hidden" Russian food at The Fireplace and Athan's; and enjoy interesting personal stories about their owners. Find the best spots in Washington Square for entertainment, live music, and amazing food. Have fun stepping into the culture of Russia. Tour is held Rain or Shine. For details visit www.brooklinetour.com

Participants meet at 1:55 PM near Brookline-Boston (Allston) border near town divider, where 526 Harvard Street in Brookline becomes 235 Harvard Ave in Boston. There is TJMaxx across the street.

Max: 12

S#	Day	Times	Date	Price
01	Sat	2 - 5 pm	Jan 14	\$45
02	Sat	2 - 5 pm	Feb 11	\$45

Walking Tour of Brookline's Jewish Cuisine

#143704

Instructor: Ahla Food Tours

What is Jewish cuisine? Find out under the expert guidance of Ahla Food Tours, while tasting authentic Jewish food - matzo ball soup, latkes, falafel, kosher wines, noodle kugel ice cream and a dozen more items from the best Brookline purveyors. Visit many treasured Jewish food stores and restaurants - including Zaftig's, Kupel's Bagels, Rami's, and the Butcherie. Discover traditions, kosher rules, and influence of different cultures that lie behind the food. Join us for this fabulous Boston neighborhood tour! Tour is held Rain or Shine. For details visit www.brooklinetour.com

Participants meet in the intersection of Harvard Avenue and Commonwealth Avenue (near Pizzeria UNO in Allston, 1230 Commonwealth Ave, Allston, MA 02134)

Max: 10

•	1	day

<u>S#</u>	Day	Times	Date	Price
01	Sun	2 - 5 pm	Jan 29	\$45
02	Sun	2 - 5 pm	Feb 26	\$4 5

INDOOR WALKING @ WARREN BLDG!

For all ages! Get out of the cold this winter and walk the Warren Building! You may walk during our office hours Monday - Friday, 8:30 am - 4:30 pm. or go to our website www.wellesleyma.gov/recreation and check our Open Gym schedule to do laps in our gym.

Please contact the Recreation Department for more information (781) 235-2370.







DOG LICENSE RENEWALS

In partnership with the Recreation Department the Town Clerk is now offering ONLINE RENEWAL of licenses. If you have a Recreation Department user ID, please go to https://webtrac.wellesleyma.gov and register for Activity # 244699-01. Each animal is treated as a family member so add the names to your family record before going to course registration. If you do not have a Rec ID you can obtain one by calling the Recreation Department. You must have a current rabies date on file with the Town Clerk to use this method of payment. We cannot accept NEW applications via the credit card process as the owner needs to provide proof of rabies/neutering to finalize the application.



Offered by Collette Vacation

Family Trips

Galapagos Family 10 Day Adventure

July 11, 2012 Adults: \$5,399 ~ Children: \$4,399

Includes Airfare, 20 Meals and a
Middle of the World 4-Day Galapagos Cruise
to Balra Isalnd, Santa Cruz Island Santiago
Island and Bartholome Island

National Parks of America 12 Day Tour September 1, 2012 53,699

Includes Airfare, 17 Meals and a tour to the Grand Canyon, Zion, Grand Teton and Yellowstone National Parks, and Mount Rushmore and Crazy Horse Memorials

Wild West & Yellowstone
7 Day Family
Adventure

August 11, 2012 Adults: \$2,199 ~ Children: \$1,699

Includes Airfare, 10 Meals and a visit to Salt Lake City -Grand Teton National Park, Yellowstone National Park and Jackson Hole Rodeo

Please contact the Recreation Department for more information and a specific itinerary.